



IMPACT REPORT

New Hope Workshops and Seminars

2023



790 INDIVIDUALS ATTENDED NEW HOPE'S
WORKSHOPS AND SEMINARS

HEALING BEGINS WHEN **HOPE** IS FOUND

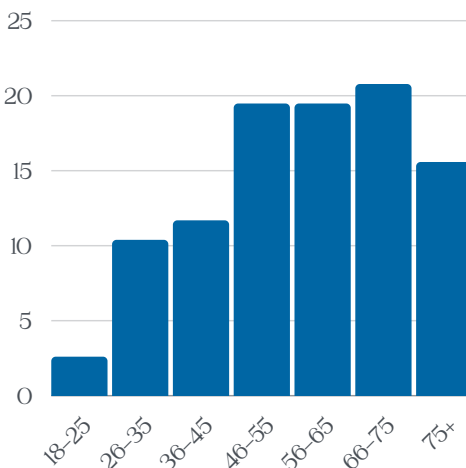
"FROM GRIEF TO NEW HOPE" 8-WEEK WORKSHOP

is a workshop that combines the educational components of a seminar with the safety and support of a peer group. Offered in-person and virtually, this workshop serves adults who are grieving the death of a loved one.

Each session begins with a speaker. Participants then break into small groups according to their loss. The groups, led by peer support facilitators, provide a safe space for participants to express their grief and begin healing.



PARTICIPANT AGE:



97%

of participants reported they could better understand their grief

THE IMPACT

- While New Hope continues to serve participants for loss-specific grief, we have seen continued growth in workshop attendance for complicated or traumatic grief including death due to suicide and substance use. 23% of this year's participants experienced this form of loss.
- Individuals who have lost a loved one are reaching out to New Hope for support earlier than ever before. 70% of participants experienced their loss less than six months prior to attending a workshop.



95%

of participants would recommend this workshop to a friend or colleague

**THANK YOU TO
OUR
SPONSORS:**



**Blue Cross
Blue Shield
Blue Care Network**
of Michigan



AMBER HOME
HEALTHCARE AND HOSPICE



Trinity Health

**HEALING BEGINS
WHEN HOPE IS FOUND.**

HOPE FOR THE HOLIDAYS SEMINAR

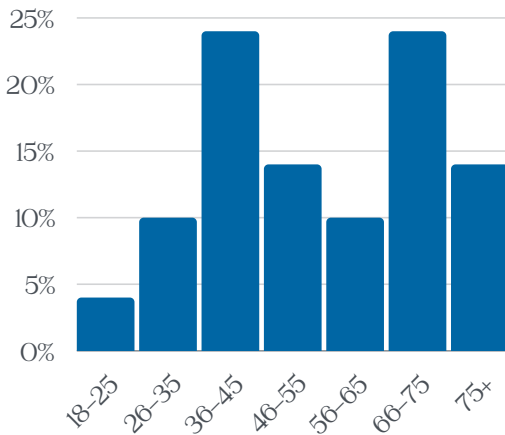
Special days and holidays can make the grief journey more difficult. Attendees can expect to leave this seminar with practical tools shared by those who have experienced the loss of a loved one and found Hope for the Holidays. We hosted this seminar at Ward Church in Northville, MI, and for the first time hosted at Waterville United Methodist Church in Waterville, OH.

100% OF PARTICIPANTS FELT THEY WERE EQUIPPED TO COPE WITH THEIR FEELINGS.

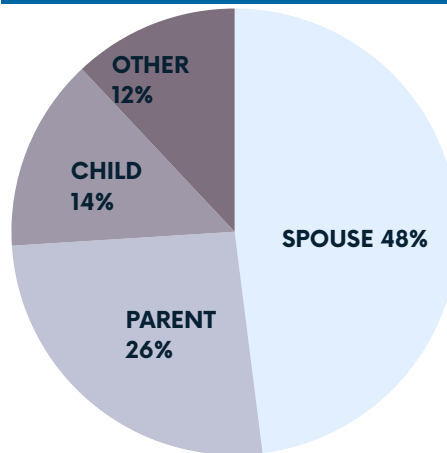
"I was thankful to find others who are in my stage of life with whom I could share my feelings."



PARTICIPANT AGE



TYPE OF LOSS



58 PARTICIPANTS BENEFITED FROM THIS PROGRAM

**OUR SPONSOR
AND HOSTS:**

R.G & G.R.

Harris
FUNERAL HOMES
— AND —
CREMATION SERVICES

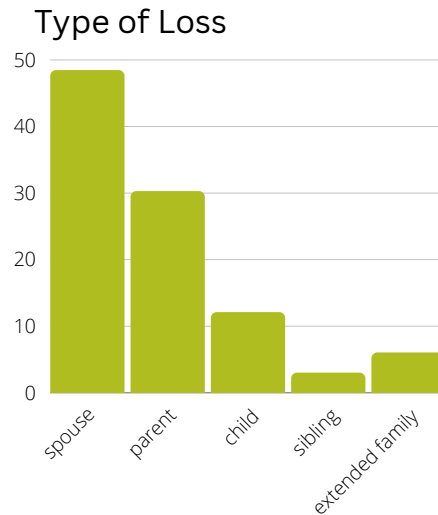
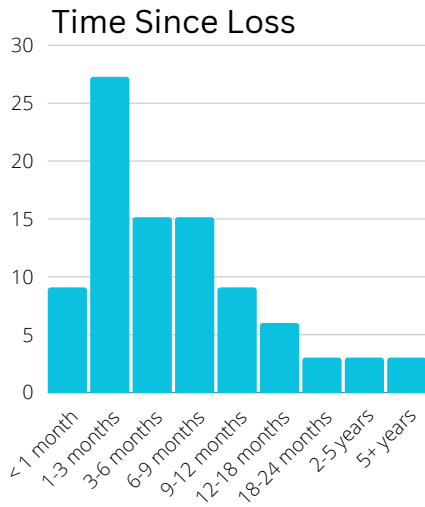


**HEALING BEGINS
WHEN HOPE IS FOUND.**

"BEGINNING THE GRIEF JOURNEY" SEMINAR

This Seminar provides an understanding of the basics of the grief journey and is a great first step for those grieving the loss of a loved one. It covers topics to help participants understand their grief and provides practical tools to help them navigate the challenges they face after loss. This seminar is held twice a year.

97 grievers were served at the "Beginning the Grief Journey" seminars



75%

of participants had never attended a grief support program



87%

of participants would recommend this seminar to a colleague or friend.

Participants cited the following as the best aspects of the seminar:

"The speakers provided a great introduction to the topic with relatable stories."

"The break-out groups were dynamic, facilitators did a good job of allowing everyone to speak while moving the conversation along."

"The sharing of stories and support, and knowing we're all in the same boat."



THANK YOU TO OUR SPONSOR:



Borek Jennings
FUNERAL HOMES

**HEALING BEGINS
WHEN HOPE IS FOUND.**

MEMORIAL CANDLELIGHT CEREMONY



As we light these five candles in memory of and in honor of you; we light one for **OUR...**

GRIEF - the pain of losing you is intense; it reminds us of our love for you.

COURAGE - to confront our sorrow, to comfort each other, and to change our lives.

MEMORY - the times we laughed, the times we cried, the times we were angry with each other, the silly things you did, and the caring and joy you gave to us.

LOVE - as we enter this holiday season, day by day we cherish the special place in our hearts that will always be reserved for you, and we thank you for the gift your living brought to each of us.

HOPE - it reminds us of the love and the memories of you that are ours forever. May the glow of the flame be our source of hopefulness now and forever. We love you.

**311 INDIVIDUALS
GATHERED FOR THIS
MEMORIAL TRIBUTE**



"THE SPEAKERS, MUSIC AND READING OF EVERYONE'S NAME WAS VERY TOUCHING. THANK YOU FOR A BEAUTIFUL, AWESOME EVENING."

**THANK YOU TO OUR
SPONSOR:**



**THANK YOU TO OUR
HOST:**



**SPECIAL THANKS TO THE
LIVONIA CIVIC CHORUS
FOR THEIR CHORAL
CONTRIBUTION .**



**HEALING BEGINS
WHEN HOPE IS FOUND.**