NEW HOPE
Center for Grief Support

IMPACT REPORT

From Grief to New Hope
8-Week Workshop
Fall 2024

We welcomed 219 participants and volunteers!









HEALING BEGINS WHEN HOPE IS FOUND

(248) 348-0115 | griefhelp@newhopecenter.net | www.newhopecenter.net

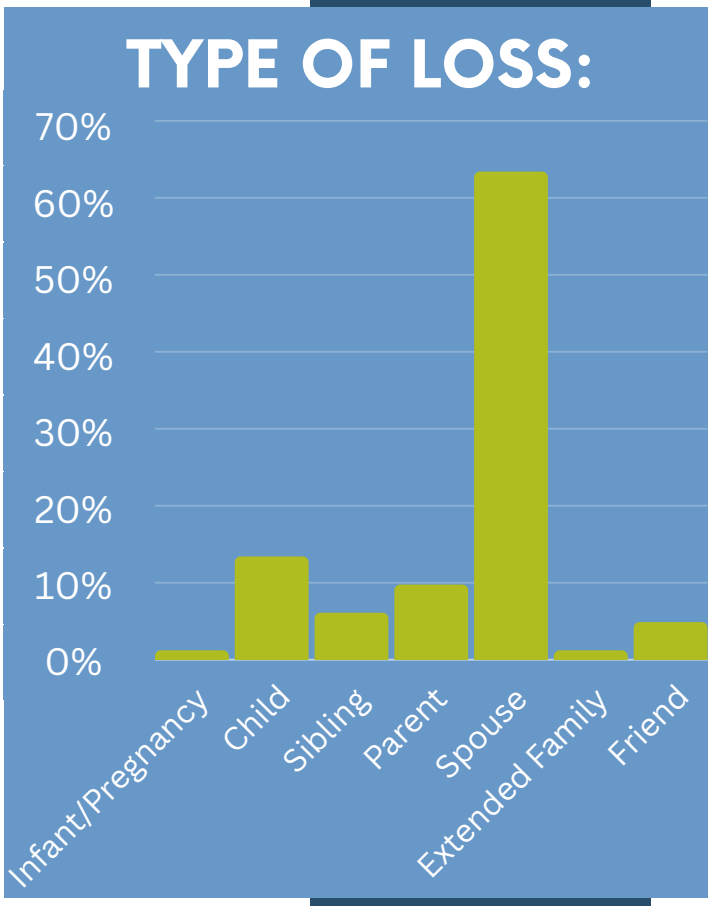
"FROM GRIEF TO NEW HOPE"

8-Week Workshop combines the educational components of a seminar with the safety of a peer group. This workshop is available to adults who are grieving the death of a loved one. This workshop is a safe place to express your grief and begin the healing process. Each session begins with a speaker and then participants break into small groups according to their loss.

THE IMPACT

94% of participants would recommend the 8-week workshop to a friend or colleague.

94% of participants said their facilitator created a safe environment for them to express their thoughts and feelings.





WE ALSO INCLUDED OUR TEEN GROUP INTO OUR WORKSHOP

"To be allowed to feel and to know others are feeling the same way"

WE SERVED PARTICIPANTS IN 45 COMMUNITIES IN MICHIGAN, ILLINOIS, & MISSOURI

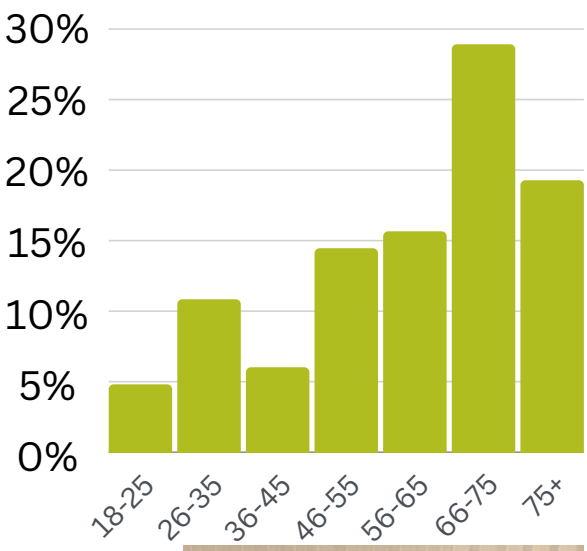




"Thank you for this incredible opportunity. I was stunned at how many people were taking part in this. The thought and care behind this is incredible."

PARTICIPANT AGE:









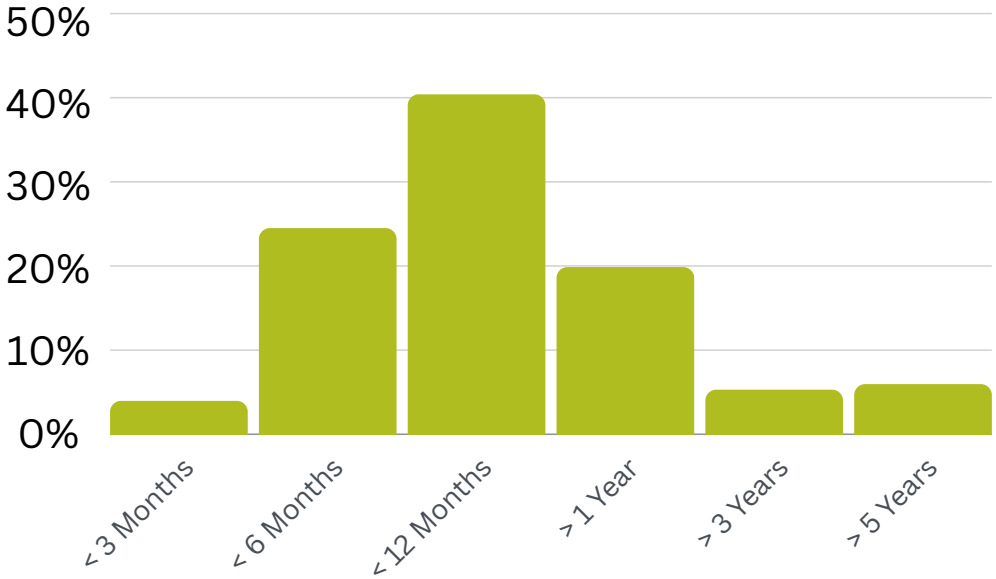


“I loved the people I met, and they understood and genuinely cared.”

“ I loved Interacting with others who have experienced a similar loss.”



TIME SINCE LOSS:





WHAT PARTICIPANTS LOVED ABOUT THE WORKSHOP:

- **“To hear other's stories and hear that others are having the same feelings and experiences”**
- **“It was put together and so organized. I looked forward to our time each week and felt like I was able to connect and could relate.”**
- **“Recognizing that I wasn’t alone in this. Learning that what I was feeling and experiencing was not unique to me.”**
- **“I loved the way the group provided an opportunity for me to learn from others and talk through my own experiences. This journey is a very hard one and people need places where they can go for help. New hope really did an amazing job with the weekly content as well as the speakers and facilitators. Thank you so much New Hope”**





94% of participants are planning on continuing programming with New Hope.

PARTICIPANTS FOUND THEIR FACILITATORS TO BE: “Wonderful, Helpful, Comforting, Understanding, Compassionate, and Skilled”

THANK YOU

The “From Grief to New Hope” 8-Week Workshop was made possible due to our generous supporters, and our **44** volunteer facilitators who committed their time to provide a safe space for those grieving the loss of a loved one to share their stories, connect with others going through similar experiences, and find hope. Your support allows us to continue offering this workshop at no cost to attendees. We cannot express our gratitude enough! This is all made possible by the generosity of those who support our mission to **bring hope**, **healing, and new beginnings** to adults grieving the death of a loved one.

THANK YOU!



THANK YOU TO OUR GENEROUS SPONSORS:

Community Foundation Plymouth

Corewell Health

Ascension

GROWTH WORKS
Restoring Hope | Supporting Change | Improving Lives

Growth & New Beginnings
Healing & Acceptance
Grief & Sadness

United Way
Plymouth Community United Way

THANK YOU TO OUR HOST:

WC
WARD CHURCH