NEW HOPE
Center for Grief Support

IMPACT REPORT

“From Grief to New Hope” 8-Week Workshop
2025 Spring Session



(248) 348-0115 | griefhelp@newhopecenter.net | www.newhopecenter.net

"FROM GRIEF TO NEW HOPE"

8-Week Workshop combines the educational components of a seminar with the safety of a peer group. This workshop is available to adults who are grieving the death of a loved one. This workshop is a safe place to express your grief and begin the healing process. Each session begins with a speaker and then participants break into small groups according to their loss.

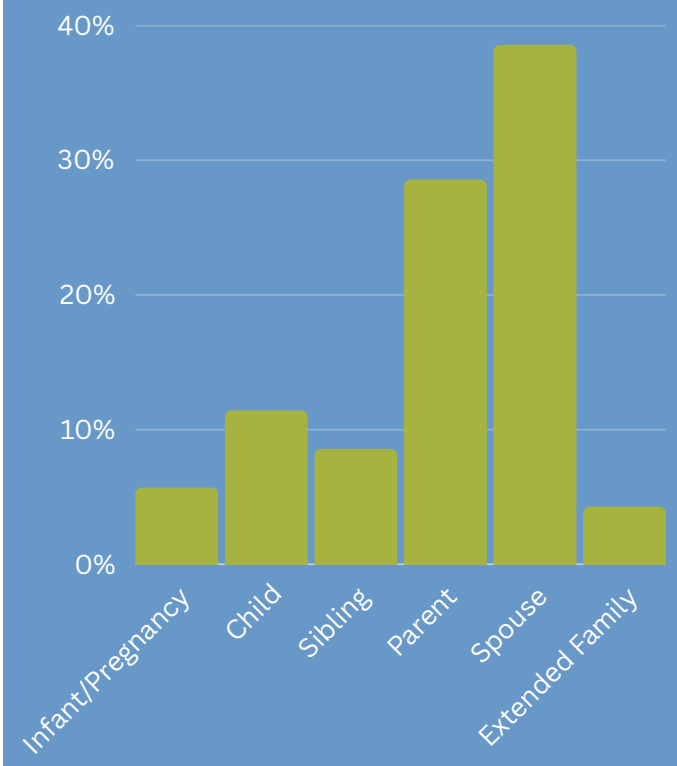
THE IMPACT

99% of participants felt that this was a safe environment for them to express their thoughts and feelings

93% of participants felt like they could reach out to their facilitator for questions or additional support

90% of participants are extremely likely to recommend this workshop to other bereaved individuals

TYPE OF LOSS:



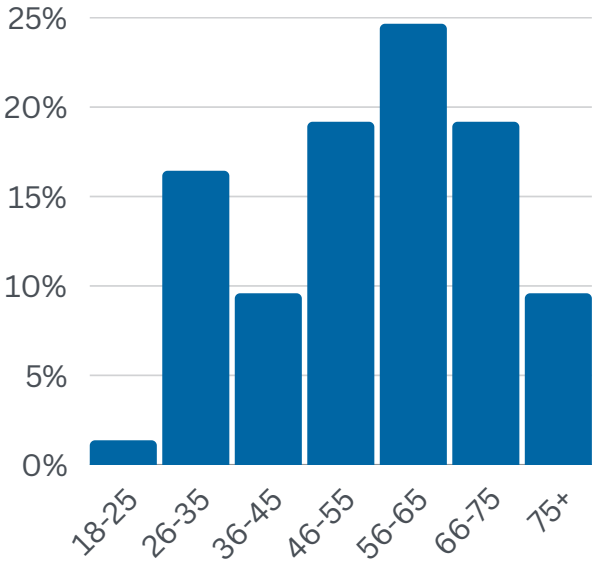
WE SERVED PARTICIPANTS IN THREE STATES: MICHIGAN, OHIO, AND WASHINGTON





PARTICIPANT AGE:









PARTICIPANTS FOUND THEIR FACILITATORS TO BE:

- open
- phenomenal
- fabulous
- supportive
- relatable

> **"I think you saved my life tonight."**
>
> -HOPEFUL PARTICIPANT



88%

of participants can better understand their grief.

WHAT PARTICIPANTS LOVED ABOUT THE WORKSHOP:

“The openness of the facilitators and others.”

“The breakout of loss by loved one and the small group sizes.”

“Listening to others’ stories to hear how they handled situations.”

“The small group and sharing experiences.”

“Open exchange and sharing of feelings.”

“Bringing my daughter and seeing hope in her.”

“Everything.”

New Hope served 178 participants.







WHAT OUR PARTICIPANTS HAD TO SHARE...

“When my sweet husband of 34 years suddenly passed away, I thought I would never stop crying. New Hope has been a life saver.”
-Hopeful Participant

We all love, grieve, and laugh.

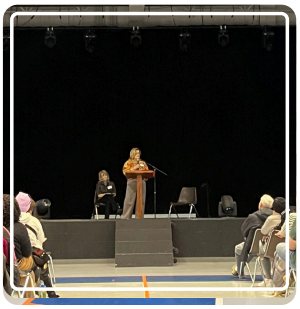
“I bury my feelings deep. I now have the tools, like a can opener, to deal with my grief.”
-Hopeful Particpant

THANK YOU

The “From Grief to New Hope” 8-Week Workshop was made possible due to our generous supporters and our **44** volunteer facilitators who committed their time to provide a safe space for those grieving the loss of a loved one to share their stories, connect with others going through similar experiences, and find hope. Your support allows us to continue offering this workshop at no cost to attendees. We cannot express our gratitude enough! This is all made possible by the generosity of those who support our mission to bring **hope**, **healing**, and **new beginnings** to adults grieving the death of a loved one. **THANK YOU!**











THANK YOU TO OUR GENEROUS SPONSORS:

GROWTH WORKS
Restoring Hope | Supporting Change | Improving Lives

United Way
Plymouth Community United Way

PEAK WEALTH MANAGEMENT

O’BRIEN SULLIVAN
FUNERALS, CREMATIONS, MEMORIAL SERVICES

THANK YOU TO OUR HOST:

“Ward Church is a great facility with lots of wonderful volunteers to welcome us, guide us, and transport those of us who have limited mobility.”

WC
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