2026 Spring Impact Report

FROM GRIEF TO NEW HOPE 8-WEEK WORKSHOP

Bringing hope, healing, and new beginnings to bereaved individuals.















NEW HOPE
Center for Grief Support

“FROM GRIEF TO NEW HOPE”8-WEEK WORKSHOP

8-Week Workshop combines the educational components of a seminar with the safety of a peer group. This workshop is available to adults who are grieving the death of a loved one. This workshop is a safe place to express your grief and begin the healing process. Each session begins with a speaker, and then participants break into small groups according to their loss.

118

participants were supported



48

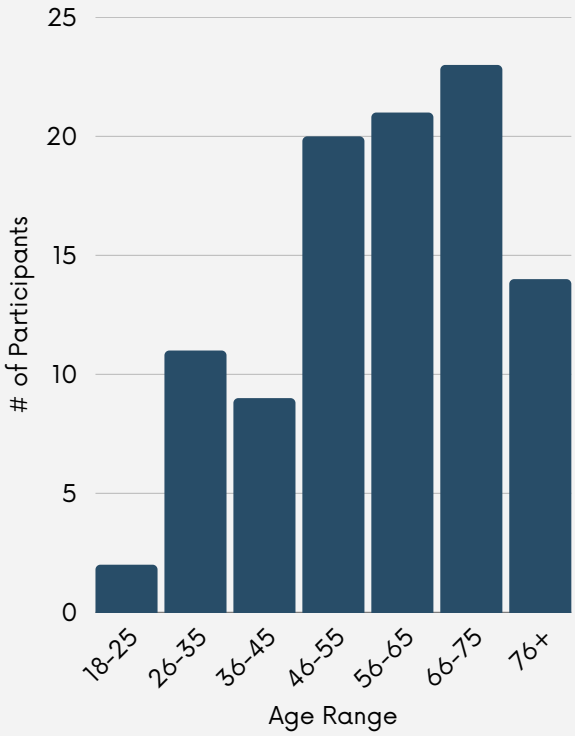
volunteers helped bring hope

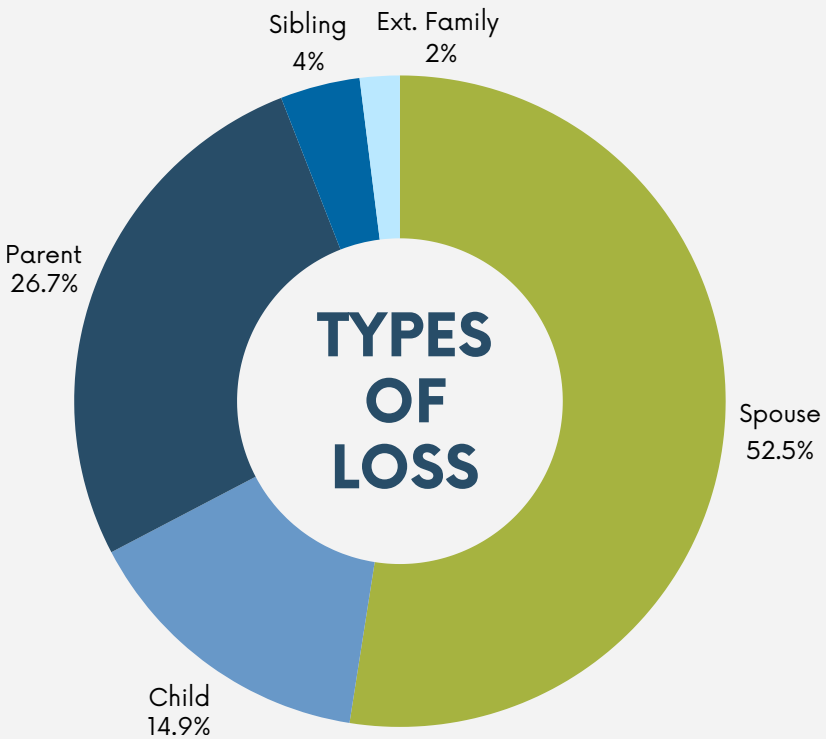






AGES OF PARTICIPANTS





THE IMPACT

> I am not alone.
>
> **HOPEFUL PARTICIPANT**
>
> It gave me a safe community with no judgement.
>
> **HOPEFUL PARTICIPANT**

99%
of particitpants can better communicate their thoughts and feelings

99%
of participants are able to talk about their loved one



96%
of participants can cope with their feelings more effectively

96%
of participants better understand their grief

98%
of participants felt that their facilitators created a safe environment for them to express their thoughts and feelings



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