25 YEARS serving those in grief

NEW HOPE Center for Grief Support

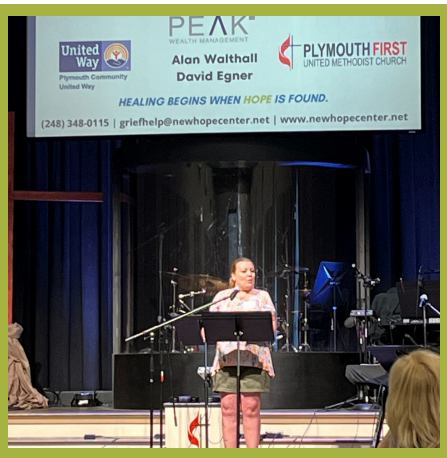
IMPACT REPORT

Beginning the Grief Journey Seminar
Summer 2025

21 Participants



24 Volunteers



"Everyone grieves differently."

Hopeful Participant



HEALING BEGINS WHEN HOPE IS FOUND

(248) 348-0115 | griefhelp@newhopecenter.net | www.newhopecenter.net

Participant Data

"....To allow myself to grieve....to give myself permission to feel all emotions."
Hopeful Participant

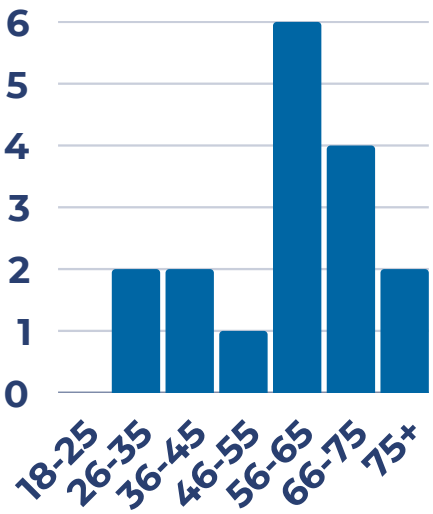
"Today is the start of my grief journey."
Hopeful Participant

80% felt they could better **UNDERSTAND** their grief

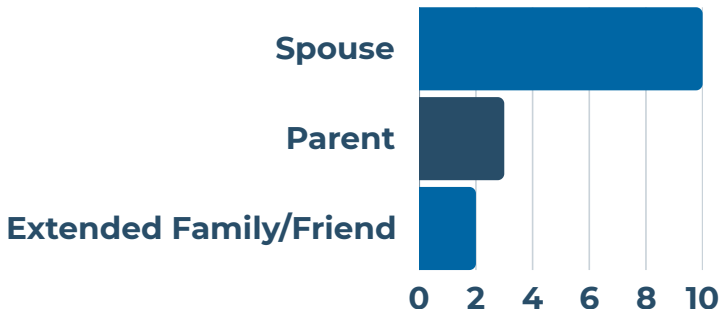
87% feel **BETTER EQUIPPED** to cope with their feelings

100% are interested in attending a **FUTURE NEW HOPE** program

Participant Age:



Type Of Loss:



46% **of our participants were 1-6 months from their date of loss. We are reaching more early grievers!**

TAKEAWAYS

- Grief won't stop, but it will eventually become manageable.
- It is ok to say no.
- My grief is normal.
- It will take time.

Participants joined us from **16** unique cities in Southeast Michigan.

We hosted our in-person participants at Plymouth First United Methodist Church and offered a virtual option to make our program more accessible to all grievers.





Thank you to our Sponsors and Donors

New Hope would not be able to complete our mission to bring **hope, healing,** and **new beginnings** to those suffering the loss of a loved one without the support of our Volunteers, Sponsors, Donors, and Grantors.

Our speakers and peer facilitators, with their empathy, compassion, and understanding of their participants' losses, create a safe space where participants can share their experiences with others who have gone through a similar loss. The connections formed during this time are crucial to the understanding that they are not alone on their grief journey.

Thank you to Plymouth First United Methodist Church for hosting the event.

We sincerely thank you!
The New Hope Team & Board of Directors

Alan Walthall
David Egner

GROWTH WORKS
Restoring Hope | Supporting Change | Improving Lives

Community Foundation Plymouth

Canton Community Foundation
Cultivating Dreams. Enhancing Lives.

United Way
Plymouth Community United Way

PEAK WEALTH MANAGEMENT

PLYMOUTH FIRST UNITED METHODIST CHURCH

"I became a facilitator and speaker with New Hope so I could spread a message of goodness, hope, strength, and grace to people at a time in their lives when their pain is so great. I want to help others heal as I have."
-Previous Participant