Resources - Master List

Company/ Organization	Service(s)	Phone	Email	Website	Notes
A Kid Again	Adventures for kids with life-threatening conditions, and support. Similar to Make-a-Wish.	(614) 797-9500	customerservice@akidagain.org	https://akidagain.org/chapter/michigan/	Adventures are fun, accessible, stress-free outings for families raising a child with a life-threatening condition. They are held at destinations like theme parks, sporting events, entertainment centers, and museums, and everything is provided: admission, food, and parking. Chapters in several states, including Michigan.
A.J. Desmond & Sons Funeral Directors	Free Grief aftercare program called Perspectives - Available to clients and non-clients	(248)362-2500	CrooksRd@AJDesmond.com	https://www.desmondfuneralhome.com/resources/grief-support	Events led by Linda Dzbanski, LLMSW, BSW, plus online resources.
ACMH	Association for Children's Mental Health	(517) 372-4016 **Parent Line**: (888) ACMH-KID (888-226-4543)		www.acmh-mi.org	ACMH provides information, support, resources, referral and advocacy for children and youth with mental, emotional, or behavioral disorders and their families.
Alzheimer's Association Greater Michigan Chapter	24/7 Alzheimer's Helpline	800-272-3900 248-351-0280		https://www.alz.org/gmc	24/7 Helpline in over 200 languages, Resources for those with Alzheimers, as well as for Caregivers' health.
American Association of Suicidology	Geared toward Mental Health Professionals: Podcast, training, community support for suicide prevention	202-237-2280 800-273-TALK		https://suicidology.org/	The American Association of Suicidology (AAS) provides comprehensive resources to help navigate your journey with suicide and mental health. AAS also offers a national directory of support groups that focus on a variety of survivors of suicide.
Anchors Perinatal Program	Hospice - Perinatal Grief (pregnancy, infant loss)	888-247-5704		https://anchors4children.org/perinatal-program/	Through Arbor Hospice - The Anchors Perinatal Program provides emotional, social and clinical support to expectant parents as they anticipate and prepare for the birth of their child while also grieving the anticipated loss of the child during pregnancy, birth, or shortly after. The program also assists parents with birth planning during this most difficult time.
Arbor Hospice	Grief Groups and Events in-person and virtual	(734) 794-5127		https://arborhospice.org/grief-journey-program/	Categories: Grief After Dementia, Hope After Loss, Journey Through Grief, Living On, Memorial Services, Men Overcoming Loss

Blue H.E.L.P.	Support for Families of First Responders who died by Suicide -	contact@1sthelp.org	https://bluehelp.org/	It is the mission of Blue H.E.L.P. to reduce mental health stigma through education, advocate for benefits for those suffering from post-traumatic stress, acknowledge the service and sacrifice of law enforcement officers we lost to suicide, support families after a suicide and to bring awareness to suicide and mental health issues. Family Support: A suicide loss is unique, it can be difficult for families to share their experience with others who have not suffered the same type of loss. With the loss of thousands of law enforcement officers to suicide, we can put you in touch with another family who has experienced LEO suicide and knows what you are going through. No judgement, no stigma; just compassion and understanding. Care packages which honor your loved ones are shipped to you and events customized to your needs are hosted for and by you.
Brighton Center for Recovery (Formerly Ascension-Brighton)	Substance Use Treatment	(248) 661-6100	https://www.henryford.com/services/behavioral-health/addiction/brighton	Outpatient treatment, Intensive Outpatient, and Residential (inpatient) addiction treatment
C.O.P.E. (Community Outreach for Psychiatric Emergencies)	Mental Health Crisis for residents of Wayne County	734-721-0200 844-296-2673	https://www.cope24-7.net/	COPE offers a continuum of organized and coordinated crisis and community-based outreach services. 24-Hour Walk-In Center. Provides pre-admission review services to adults who live in Wayne County, are experiencing a behavioral health crisis and have Medicaid, Healthy Michigan, MI Health Link, or no insurance coverage
Camp Good Grief	Grief Camp for ages 8-17 through Hospice of Michigan. One-Day camp offered on different dates at different locations during the summer.	888-247-5701	https://www.hom.org/camp-good-grief/	Registration opens in spring. Each camp offers: Activities facilitated by caring and qualified Master's-level grief support counselors who are specially-trained to work with grief-related issues. Board-Certified Music Therapists who use carefully selected music and rhythms to help campers cope with loss. Hospice-trained volunteers who help ensure that each camper is supported during the day's programs and activities. Pet volunteers and their friendly pets who bring companionship.

Canton Club 55+	Monthly workshops for caregivers, Activities for Seniors 55+	(734) 394-5485		https://cantonmi.gov/476/Club-55-Plus-Senior-Center	Activities, Events, Card Games,
Center for Loss & Life Transition	Grief Education, Resources, and Training	970-226-6050	info@centerforloss.com DrWolfelt@centerforloss.com	https://www.centerforloss.com/	Resources, education, training and referral for bereaved families; provides a certificate program in Death and Grief studies for bereavement professionals.
Center for Loss in Multiple Birth (CLIMB)	Grief Support for loss of one or all children in a multiple pregnancy (Twin, Triplet, etc.)	phone/skype upon request	centerforlossinmultiplebirth@gmail.com (Jean Kollantai)	https://www.climb-support.org/	Support for parents, grandparents, siblings of loss of an infant from multiple pregnancy/birth or after. Recently added support for loss of an older twin child(ren) (including triplets, quads, other multiples) Website Languages: English, En español/Spanish, En français/French, По-русски/In Russian, 用中文/In Chinese
Child Mind Institute	Childrens Mental Health Support			https://childmind.org/	
City of Farmington Hills - Adults 50 and Better	Services for Caregivers and Adults aged 50 and up.	248-473-1830		https://www.fhgov.com/play-explore-learn/adults-50-better/	Daily events are held at the Costick Activities Center, Monday-Friday, 9:00 AM-4:00 PM, with scheduled evening and weekend programs. Please see “The Messenger", the Adults 50 & Better Program’s monthly newsletter, and the Special Services Activities Guide for updated information on all available programs and services.
Common Ground Behavioral Health	Behavioral Health, Crisis and Resources, Behavioral Virtual Urgent Care. Ages 12 and up.	Crisis (24/7): 800-231-1127 Urgent Care: 248-983-5454		https://commongroundhelps.org/	24/7 Crisis Line to connect callers with service providers. Virtual Urgent Care during scheduled hours: Mon/Tues/Thurs/Fri 11am-8pm according to website as of 3/2025 (may change). Most insurances accepted, and there is an out-of pocket cap for appointments.
Communication Access Center for Deaf and Hard of Hearing	ASL Classes, Community Interpreting program, Senior Citizens Support. Zoom interpreting available for Deaf, DeafBlind, and Hard of Hearing. Weekly Wellness Group in ASL.	Phone: (810) 239-3112 VideoPhone: (810) 620-8490 (810) 250-7010 Fax: (810) 239-1606 After Hours: (810) 239-3112	info@cacdhh.org tmiracle@cacdhh.org (mentoring interpreters online)	https://www.cacdhh.org/	Interpreting Services for the Deaf, Hard of Hearing, and DeafBlind people in Flint, Genesee County & Michigan. Zoom interpreting available. Interpreting settings include but are not limited to:medical, mental health, legal/court, educational, corporate meetings/trainings, counseling and seminars/conferences. Interpreter mentoring. Weekly wellness group in ASL, with possibility of transportation to/from group.

Community Resource Directory by findhelp	Search and Connect to Social Care			https://communityresources.trinity-health.org/	Website helps find local resources by Zip Code and Type of need. Site has translation available to dozens of languages.
Compassionate Friends	Grief support for child loss (of any age)	877-969-0010	nationaloffice@compassionatefriends.org	https://www.compassionatefriends.org/ https://www.compassionatefriends.org/find-support/chapters/chapter-locator/	Support Groups both Virtual and In-Person, searchable by location. Some locations include a sibling group for children under 12 during the regular group for everyone else.
Copline - An Officer's Lifeline	Peer-Lead Crisis Hotline for Police Officers (active, previous, or retired) and their family members. Run entirely by Police Officers and their Family Members.	24/7 Hotline Calls: 1-800-COPLINE 1-800-267-5463 Non-COPLINE calls: 1-732-577-8300 Ext. 8		https://www.copline.org/	COPLINE® IS OPERATIONAL 24 HOURS A DAY / 7 DAYS A WEEK **Calls will be answered by a Retired Active Peer Listener -** All calls and emails are strictly 100% CONFIDENTIAL COPLINE® has earned the trust of the Law Enforcement community by providing active listening through a hotline by maintaining complete confidentiality as well as anonymity if the caller chooses. We train competent, confident, committed, and compassionate retired officers to engage with callers on the daily stressors officers and their family members experience.
Corewell Health (previously Beaumont) - School Based Clinic - Pierce Middle School	Pediatric care clinic & Adolescent Health Center	(313) 242-0570		https://www.beaumont.org/services/teen-services	Pediatric care clinic & Adolescent Health Center- Pierce, a School Based Health Center located in Pierce Middle School. We serve ages 10 to 21 years old living in Redford Twp and surrounding communities. Insurance accepted but not required. Services are not denied due to inability to pay.
Crime Stoppers of Michigan	Support for: Crime Victims and their Families. 100% Anonymous Tip Line, Monetary reward for tips leading to an arrest.	Report a Crime: 1 800 SPEAK UP (800-773-2587) Follow-Up on a tip: 313-922-5000 x117 313-922-5000 x114	info@michiganalliance.org	https://www.1800speakup.org/	SERVICES WE PROVIDE Posters, Door Hangers, Social Media Posts, Press Conferences, Geo-Fencing*, Billboards*, Family Support, Community Presentations, Supporting Community Resource Groups, Research Initiatives *Note: All of our services are free except for billboard and geo-fencing.

Crossroads	Resources and Services for low-income populations. Listed in Notes section.	(313) 831-2000	info@crossroadsofmichigan.org	www.crossroadsofmichigan.org	Resources: Transportation (Bus Tickets), Birth certificate retrieval, Identification retrieval, Food, Clothing, Personal hygiene products, Diapers, Formula, Baby clothing. Supports: Lifetime Opportunities for Children, Permanent Employment coaching, Crisis Reduction and Long-Term Stability, Fulfilling Immediate Needs, Weekly Hot Meals, Children's Summer Lunch
Crossroads Care Center	Baby Loss Support Group and Individual	248-293-0070 800-712-HELP	info@crossroadscarecenter.org	https://crossroadscarecenter.org/blossm.html	
DBSA	Depression and Bipolar Support Alliance - Groups and Resources	(312) 642-0049	metrodetroitdbsa@gmail.com	https://www.dbsalliance.org/support/chapters-and-support-groups/find-a-support-group/?state=MI	In-Person and Virtual Support Groups for people with Depression or Bipolar Disorder. Email and web address is for the Metro Detroit Chapter/Michigan Chapter. Other states also have chapters.
Deaf Community Advocacy Network (DEAF C.A.N)	Interpreting Services, Mental Health services, The Deaf HIV Program, Domestic Violence/Sexual Assault services in ASL. For Deaf, DeafBlind, and Hard of Hearing people from children to senior citizens.	Videophone: 248-209-6437 Voice: 248-332-3331	deafcan@deafcan.org seniorcitizen@deafcan.org	https://www.deafcan.org/	We offer outpatient services for Deaf, DeafBlind, and Hard of Hearing children, adolescents, and adults in Southeastern Michigan and for persons that are primary caretakers of someone in their household that is Deaf, Deaf-Blind, or Hard of Hearing. Clients will receive services from therapists fluent in American Sign Language (ASL).
Death Cafe	Peer group - Any loss type		Ann Arbor: thedyingyear@gmail.com	https://www.facebook.com/DeathCafeAnnArbor Upcoming/Other locations: https://deathcafe.com/deathcafes/ Virtual Meetings: ttps://deathcafe.com/search/?search=Virtual&all=all	Meets monthly on the second floor of Crazy Wisdom Bookstore. Check their facebook page for the next meeting date. "The Ann Arbor Death Cafe meets monthly and we usually have 25-35 participants with a good mix of newcomers and returers, young and old, all gender identities. The discussion is facilitated by Merilynne Rush and/or Diana Cramer. Any questions? Please contact Merilynne at thedyingyear@gmail.com."

Detroit Wayne Integrated Health Network	Crisis and Mental health in Detroit and Wayne County. Mobile Crisis Units.	(313) 344-9099 (313) 833-2500 TTY: (800) 630-1044 TDD: 711 Crisis: 1-800-241-4949	accesscenter@dwihn.org	https://www.dwihn.org/	DWIHN supports and serves individuals in Wayne County with serious mental illness, children with serious emotional disturbance, people with autism, individuals with intellectual and developmental disabilities and those with substance use disorder. Mobile Crisis Units available. LGBTQ+ Services for youth 10-21+. Children 14+ can have up to 12 sessions or 3 months without requiring permission from their parents, if the child requests it.
DVS - Division of Victim Services - Michigan Department of Health and Human Services	Crime Victim Services - for Domestic Violence, Sexual Assault	(877) 251-7373	**Crime Victim Compensation** MDHHS-MichiganCrimeVictim@Michigan.gov **Domestic & Sexual Violence Prevention & Treatment Board** MDHHS-MDSVPTBMembers@Michigan.gov **Crime Victim Services Commission** MDHHS-CVSC-Members@michigan.gov **Human Trafficking Health Advisory Board** MDHHS-HTHAB@michigan.gov	https://www.michigan.gov/mdhhs/safety-injury-prev/publicsafety/crimevictims	The Division of Victim Services (DVS) provides a voice advocating for and responding to all victims of crime in Michigan. DVS administers nearly 600 contracts that fund over 200 community-based programs, Tribes, and government partners across Michigan that provide vital services to victims, such as counseling, legal and medical advocacy, emergency housing, and crime victims' rights advocacy. The Division also provides reimbursement for sexual assault medical forensic examinations, direct compensation to victims though Michigan's Crime Victim Compensation program, and supports the statewide victim notification system (MI-VINE).
FAN - Face Addiction Now (Families Against Narcotics)	Substance Use Support, Diversion, Yoga for Recovery. Multiple locations. Groups and individual sessions.	(833) 202-4673	stronger@faceaddictionnow.org	https://faceaddictionnow.org/	Addiction treatment, Peer recovery programs, Harm reduction support, Family recovery services, life-saving tools like Narcan. ReDirect program for jail diversion, Yoga for recovery.
First Candle	Grief Counseling and Resources for families impacted by miscarriage, stillbirth, sudden infant death.	Grief Line: 800-221-7437 Main: 203-966-1300	info@firstcandle.org	https://firstcandle.org/	

First Responders Bridge	FREE 3-Day Retreats for First Responders and their Significant Other. Participants provide their own transportation. (Retreats are in Ohio)	614-271-4981		https://firstrespondersbridge.org/	The retreats are held at hotels and conference centers across the State of Ohio. They provide great lodging, food, meeting rooms and activities that meet our needs. **Keynote, peer and clinician speakers, relaxing activities for First Responders and their significant other** to help them find hope and healing. Depending on the location of each particular retreat, couples can expect activities such as group yoga (voluntary), chair massages, indoor/outdoor swimming, fitness room, sauna, and many more. Our goal is to not only heal the First Responder but the family unit as well. **Retreats are free of cost.** The retreat, lodging, food and activities are all paid for with donations from our caring, thoughtful sponsors who value and appreciate our First Responder heroes. **All you have to pay for is the transportation to get to and from the retreat.**
Friendship Circle	Peer mentor program and resources for individuals with special needs, and their families.	(248) 788-7878	hello@friendshipcircle.org	www.friendshipcircle.org	Friendship Circle of Michigan is a non-profit organization affiliated with Lubavitch of Michigan. Our goal is to provide every individual with special needs the support, friendship, and inclusion that they deserve. Some services include recreational, social, educational and vocational programming for children, teens and adults with disabilities.
Grief Share	Grief Groups			https://www.griefshare.org/	Meetings are held in-person at many churches, as well as available virtually. Meeting finder on their homepage.
Havenwyck Hospital	Child (age 3 and up), Adolescent, and Adult Mental Health Hospital: Inpatient, Outpatient, Partial Hospitalization	248-373-9200 800-401-2727		https://havenwyckhospital.com/	
Hegira Health	Mental Health, Behavioral Health	734-499-1587		https://www.hegirahealth.org/	Comprehensive integrated behavioral health services for infants through older adults. and Mental Health Behavioral Urgent Care Ages 6-17

Hidden Pain	Grief Support for Children who lost a parent or other caregiver to Covid-19, Resources for their remaining caregiver			https://www.hiddenpain.us/get-support/	The Hidden Pain Initiative is working to bring hope and healing to young people impacted by loss from COVID-19. They provide Resources to the remaining caregiver(s).
Hilarity for Charity	Support for caregivers of those with Alzheimers		info@wearehfc.org	https://wearehfc.org/	Online Support Groups, Online Resources, Caregiver Respite Program
James B. Fahner Pediatric Hospice	Hospice - Pediatric (infant thru young adult)	888-247-5704		https://anchors4children.org/pediatric-hospice/	Hospice for infant through young adult. Symptom management, Social, Emotional, and Spiritual support, Sibling support, Music therapy and Pet therapy, Comfort care education, Bereavement support.
Jewish Community Adult Day Program	Day program for people with dementia	Southfield: 248-233-4392 West Bloomfield: 248-592-5032	info@brownadultday.org	https://www.brownadultday.org/	Adult Day Program intended to help people living with dementia to maintain their highest level of functioning. Some activities include: art, music, socialization, trips, group exercise, gardening, current events, trivia/brain boosters, baking, intergenerational programs.
Jewish Family Services of Metro Detroit	Services for older adults, domestic abuse, family support, addiction, suicide prevention, counseling, community education.	(248) 592-2313	resourcecenter@jfsdetroit.org	https://www.jfsdetroit.org/	While our focus is to meet the needs of the metro Detroit Jewish community, we are honored to serve all who come through our door.
Jewish Senior Life	Senior Living Community, including some HUD-Subsidized	Tours: 248-469-0228 HUD-Subsidized Apartment Information: 248-592-1127 All Other Inquiries: 248-592-1111		https://jslmi.org/	Independent Living, Assisted Living, Memory Care, Short Term Apartment Rental. Special programs for Holocaust Survivors and their families.
Judi's House / JAG Institute	Grieving Children and Families	(720) 941-0331		https://judishouse.org/	
KH Mental Health Wellness	Psychologist, Grief, Talk Therapy, Medication	text: 317-437-5850	kristinhammoud@gmail.com	https://www.mymentalhealthwellness.com/	Kristin Hammoud, PMH-CNS-NP
Kinship Care Resource Center	Support Groups and resources for kinship caregivers	800-535-1218 517-355-9600	kinship@msu.edu	https://kinship.msu.edu/	The KCRC serves kinship care families across the state by providing information and referrals to resources and services for caregivers and the children they are raising. KCRC also offers support to professionals serving kinship families.

Lincoln Behavioral Services	Mental Health for Child, Adult, & Family	(313) 450-4500 (866) 462-6730 TTY: (800) 649-3777	info@lbscares.org	https://www.lbscares.org/	Child & Family Services, Infant Mental Health, The Gathering Place Clubhouse (PSR), Assertive Community Treatment(ACT), Adult and Children Services, Primary Care Center
Lions Bear Lake Camp	Camps for Visually Impaired as well as Deaf and Hard of Hearing ages 6-16	(810) 245-0726	traci@bearlakecamp.org	www.bearlakecamp.org	Visually Impaired and Blind Camp, Deaf and Hard of Hearing Camp, Deaf and Hard of Hearing Family Camp,
Make-A-Wish Foundation	Works to fulfill a wish of children aged 3-17 with a critical illness (doesn't need to be terminal)			https://www.wish.org/	Family members or medical professionals with detailed knowledge of the child's condition can refer a child to have their wish fulfilled, once in their lifetime. Meant to be something that will bring them joy during their life-threating illness.
March of Dimes	Grief resources for Pregnancy and Newborn Loss	Helpline: 1-888-663-4637 (888-MODIMES)		https://www.marchofdimes.org https://www.marchofdimes.org/find-support/topics/miscarriage-loss-grief/dealing-grief-after-death-your-baby	Will send resources to families directly impacted by perinatel losses due to miscarriage, ectopic pregnancy, stillbirth, or neonatal death.
Mental Health America	Mental Health Screening and searchable mental health resources and providers list	(703) 684-7722 (800) 969-6642		https://screening.mhanational.org/screening-tools	Online mental health screening
Michigan Cancer Support Network	Support for cancer patients and their caregivers	248-482-8300	chuck@mcancersupportnetwork.org	https://mcancersupportnetwork.org/	Cancer exercise, non-emergency rides, expense assistance, caregiver counseling, patient counseling
Michigan HomeCare & Hospice Association	Advocacy and Education for Caretakers Hospice Provider Search	(517) 349-8089	info@mhha.org	https://www.mhha.org/	Searchable directory for Hospice and At-Home care providers in Michigan, Education resources for caretakers, and advocacy
Michigan Medicine Grief and Support	Grief Support following the loss of a loved one (Adult or Child)	Office of Decedent Affairs: 734-232-4919	SocWk-ODA@med.umich.edu	https://www.uofmhealth.org/patient-visitor-guide/grief-resources-support	
Michigan Resources for Grieving Families	Grief Support Listing PDF (our listed address is the old one)			https://bit.ly/2SdRVwv	PDF created by the State that lists Michigan agencies and facilities that providing grief support services, listed by County
Michigan Veteran Resource Service Center	Assists veterans with Housing, emergency assistance, education assistance, DD214s, etc.	800-MICH-VET 800-642-4838		https://www.michigan.gov/mvaa	A resource center connecting veterans and their families to state programs, federal benefits, and local resources.
Mothers Against Drunk Driving (MADD)	education, resources, and advocacy for bereaved families	214-744-6233 800-GET-MADD 877-ASK-MADD (877-275-6233) **24/7 Victim Help Line**: 1-877-MADD-HELP (1-877-623-3435)		https://madd.org/	Support for survivors of drunk or drugged driving, advocates for legislation to prevent drunk driving, and information for parents to learn ways to help prevent their children from driving drunk.

My Mental Health Wellness - Kristin Hammoud, PMH-CNS-NP	Grief Therapy and pharmacological services. Phone number is for texting	(317) 437-5850	kristinhammoud@gmail.com	https://www.mymentalhealthwellness.com/	Free 15-minute initial consultation. Deals with grief. Has been a volunteer with us before.
NAMI Metro	Mental Health Support Groups for individuals or their Families. National Alliance on Mental Illness - Metro-Oakland, Macomb, & Wayne Counties.	**Helpline**: (248) 773-2296 **Admin Office**: (248) 348-7197 **text** "helpline" to 62640	support@namimetro.org	https://namimetro.org/	NAMI Metro is grass roots, all volunteer non-profit organization dedicated to improving the quality of life for persons with serious mental illness and their families through, advocacy, support and education. In addition, NAMI Metro promotes research that will lead to improvements for all those diagnosed and living with a mental illness. It is our endeavor to erase the stigma that is associated with mental illness and we will not rest until mental illness is accepted the same as any other illness.
NAMI Michigan Director	Mental Health Training for Police Officers		kfischer@namimi.org	https://namimi.org/	Kevin Fischer - Director of NAMI Michigan Provides training to Police Officers
National Center for PTSD	PTSD supports for Veterans and their families. Resources and Mobile Apps.	PTSD Information Voicemail: (802) 296-6300	ncptsd@va.gov	https://www.ptsd.va.gov/	Veterans Affairs PTSD website has information and resources about PTSD, as well as videos and mobile apps for Veterans and their Families/Friends, as well as resources for service providers.
National Center for School Crisis and Bereavement	Helps schools support grieving students	877-53-NCSCB 877-536-2722	info@schoolcrisiscenter.org	https://www.schoolcrisiscenter.org/	
National Institute of Mental Health	Mental Health Conditions: Information and Resources	301-443-4513 866-615-NIMH(6464) **TTY**: 301-443-8431 **TTY**: 866-415-8051	nimhinfo@nih.gov	https://www.nimh.nih.gov/	Mental Health articles, information, finding treatment, studies, science updates, brochures and publications.
National Suicide Prevention Lifeline	24/7 phone line for people in crisis or considering suicide	1-800-273-8255			
New Day Foundation for Families Fighting Cancer	Cancer-specific support for families	(248) 648-1105	newdayff@gmail.com	www.foundationforfamilies.org	A financial bridge for Michigan families fighting cancer
New Normal Grief Consulting	Grief Consulting via Phone, Zoom, or In-Person	call/text (248) 825-3529	Jenny@newnormalgriefconsulting.com	https://newnormalgriefconsulting.com/	Free 30 minute initial consultation.
New Oakland Family Centers	Mental Health Services, Eating disorder treatment, Face to Face, Intensive Crisis Stabilization, outpatient, ages 3 and up	**24/7 Emergency**: (877) 800-1650 **Non-emergency**: (800) 395-3223		https://newoakland.org/	FACE to FACE: 24 hour partial hospital program for therapy, Crisis: for individuals who would meet th criteria for psychiatric hospital admissions who could be stabilized using less restrictive treatments, Mental Health treatment, Medication,

New York Life Foundation	Downloadable Resources for families of grieving children			http://www.AChildinGrief.com	https://www.newyorklife.com/foundation/bereavement-support
No Place Like Home Health	Home Healthcare - Medical and Non-Medical	(734) 259-4200		https://www.nplhh.com/	In-Home care services include Medical and Non-Medical. Such as: Personal Assistance, Companionship, Light Housekeeping, Errands and Transportation, Meal Preparation
Northville Youth Network	Youth Assistance/Court Diversion, Support Services, Mental Health	248-348-5800	youthnetwork@twp.northville.mi.us	https://www.twp.northville.mi.us/services/northville-youth-network	Northville Youth Network services are available to families who reside in the City of Northville, the Charter Township of Northville and the Northville Public School District.
OK2SAY - Michigan's Student Safety Program	Confidentially report school or student safety concerns. Online toolkits for staff, students, parents about abuse, suicide prevention, bullying, etc.	Text: OK2SAY (652729) Call: 8-555-OK2SAY (855-565-2729) + Mobile Apps	OK2SAY@mi.gov	https://www.michigan.gov/ok2say https://ok2say.state.mi.us/ <-- Online form	Anyone can report tips confidentially on criminal activities or potential harm directed at students, school employees, or schools. Tips can be submitted 24 hours a day, 7 days a week. Phone call, Text, Email, Mobile apps (App Store and Google Play), or report directly through the website.
Optalis Health & Rehabilitation of Canton	Skilled Nursing, Physical Rehabilitation, Long-Term Care, Respite Care	734-394-3100		https://www.optalishealthcare.com/location/canton/	Long-Term or Short-Term Skilled Nursing stays, Respite Care, Hospice Care, Managed Care.
Pantry Net (Gleaner's)	Food Pantry Locator	866-GLEANER 866-453-2637		https://pantrynet.org/	Locator tool for food pantries/food distributions by location. There is also a rotating schedule of drive-up Mobile food distributions.
Parents of Murdered Children - Metro Detroit	Support for the families and friends of those who have died by violence. Ask The Experts, Second Opinion, Parole Block, Murder Wall	248-360-9692, 248-217-7725	jgrazioli0773@wideopenwest.com	https://www.pomc.org/ https://www.pomc.org/chapters/metro-detroit-chapter-2/	Chapter Leader: Joe Grazioli Meets 2nd Thursday of the month Time: 6:30 pm-8:30 pm, at St. David's Episcopal Church Hall in Southfield and via Zoom
Parents of Murdered Children - Saginaw County	Support for the families and friends of those who have died by violence. Ask The Experts, Second Opinion, Parole Block, Murder Wall	989-443-4356	Pomcsaginaw7@gmail.com	https://www.pomc.org/ https://www.pomc.org/chapters/saginaw-county-chapter-2/	Chapter Leader: Tamara Tucker 4th Saturday of each month, Time: 3:00 pm – 4:30 pm, Contact Chapter email or phone number for directions. Also has a Facebook group.
Pasadena Villa Outpatient – Troy	Mental Health - Partial hospitalization program (PHP), Intensive Outpatiend Program (IOP)	248-550-0369 855-401-1117		https://odysseyoutpatient.com/troy	Outpatient mental health facility that offers 5-days/week 6-hour Partial-hospitalization program, and 3-5 days/week 3-hour Intensive Outpatient Program. The Intensive Outpatient Program also has a virtual option for daytime or evening.

PCS Counseling	Counseling, Mental Health, Integrated Health	734-542-6969	office@pcs-counseling.com	https://pcs-global.com/	Children, Adolescents, Adults, Seniors Accepts Insurance, Out of Network Insurance, Cash Pay. Website searchable by Clinical Specialties and Services
Project Rachel	Grief: Infant-loss due to abortion. Faith-based.	888-RACHEL5 888-722-4355	projectrachel@aod.org (Detroit) projectrachel@dioceseofsaginaw.org	https://hopeafterabortion.com/	It's normal to grieve a pregnancy loss, including the loss of a child by abortion. It can form a hole in one's heart, a hole so deep that sometimes it seems nothing can fill the emptiness. You are not alone.
Psychology Today	Mental Health, Therapy/Help Finder, Virtual Magazine			https://www.psychologytoday.com/us	Psychology Today's website has a free search option for help by category of need and location with many filters including finding a therapist of your same religion, culture, language, etc in addition to having their Magazine Articles available online.
Remembering Cherubs	Grief: Pregnancy/Infant Loss	313-617-9254	info@rememberingcherubs.org	https://www.rememberingcherubs.org/	"A Resource Center for Pregnancy & Infant Loss." Free Resources, Care Concierge, Ongoing Toolkit for those who have lost a pregnancy or infant.
Resilient Heart Therapy - Rick Guttersohn, LMSW	Mentaly Health/Therapy ages 14 and up - Virtual - Takes Insurance. Podcast and Resources are also on the website.	(248) 607-0002	rick@resilientheartmi.com	https://www.resilientheartmi.com/	Specialty Areas include: Grief & Loss (prolonged grief, anticipatory grief, suicide & overdose, traumatic loss, death of child/spouse/parent/sibling, stillbirth & miscarriage; Infertility, Non-death losses such as divorce, estrangement, foster/adoption, job loss, etc.), Depression & Anxiety, Shape & Low Self Esteem, Difficult Life Transitions, Professional Burnout, ADHD. Primarily virtual at the moment. Limited in-person requests in Livonia. https://www.psychologytoday.com/us/therapists/rick-guttersohn-livonia-mi/944461
River's Bend	Adult and Adolescent Intensive Outpatient, Partial Hospitalization, Therapy, Psychiatric Services, Adult ADHD/ADD Evaluations, Detoxification & Recovery	**Troy**: (248) 585-3239 **West Bloomfield**: (248) 702-6132		https://www.riversbendpc.com/	Our licensed therapists are trained to guide individuals through the therapeutic process while providing a safe and comfortable space to share. Our clinical team consists of professionals in social work, psychology, counseling, psychiatry, nursing, and substance use.

ROX - Ruling Our Experiences	Research-Based, Girl-specific program that can be used in schools for grades 5-12 to build skills and confidence.	(614) 488-8080	angelmensing@rulingourexperiences.com info@rulingourexperiences.com	https://www.rulingourexperiences.com/	Ruling Our eXperiences (ROX) is the national nonprofit authority on girls. We conduct large-scale national research with girls, deliver evidence-based programs in schools nationwide and equip adults to better support and empower girls.
SC Be Well - Schoolcraft College	Mental Health support for students enrolled in credit courses. Immediate, short-term assistance.	(734) 462-4486	studentrelations@schoolcraft.edu	https://www.schoolcraft.edu/student-relations/mental-health-support/	SC Be Well provides 24/7/365 free access for Schoolcraft students enrolled in credit classes. Offers students quick access to a counselor and countless resources for well being including mediation, mindfulness, stress management and more. Students can also access a 24/7 crisis line.
Seniors Helping Seniors	In-Home services for Seniors by Seniors	(248) 686-1000	sheila@shsfarmingtonhills.com	https://seniorshelpingseniors.com/	Seniors help seniors by providing the followint services: Companionship, socialization, light housekeeping, meal preparation, Dementia/Alzheimer's care, relief of family caregiver, daily living assistance, personal care, etc.
Six Feet Over - Lemonaid	Financial Assistance for survivors of Suicide Loss.		info@sixftover.org	https://sixftover.org/lemon-aid/	Need assistance paying for costs associated with the loss of your loved one to suicide, or need emotional and resource support? Lemon Aid may be able to help with costs associated with: Funerals and Memorial services, Granite Memorials and Headstones, Urns and Caskets, Bio-Cleaning services & others
Solid Ground Counseling	New Moms/Postpartum Support Counseling/Therapy Support Groups Mental Health Testing Addiction Anger Management	(734) 927-1201		https://www.solidgroundcounseling.com	Groups: Teen Support (13-17), Anxiety Support (18-25), New Moms/Postpartum Support, First Responders, Spouses of First Responders. Individual Counseling for all ages: Grief and Loss; Parenting Skills; Sexual Integrity and Abuse; Family Dynamics; Anger Management; Addictions. Testing. Low-cost or free available with Master's Level Interns for those who do not have coverage or cannot afford the regular practitioners.
Starfish Family Services	Behavioral Health, Early Childhood Education, Parenting Programs	(734) 728-3400	starfish@sfish.org	https://www.starfishfamilyservices.org/	A champion for children and families across metro Detroit who have limited access to essential resources such as education, healthcare, and economic opportunities

StoneCrest Center	IN-PATIENT Mental Health/ Behavioral Health Hospital for Adolescents, Adults, Seniors, and those with Developmental Disabilities	(888) 909-4977 (877) 530-5222		https://www.stonecrestcenter.com/	
Suicide & Crisis Lifeline	24/7 Free Phone or Text for those in crisis or having suicidal thoughts	call or text: 988		https://988lifeline.org/	A caring person will talk with the caller, and may refer to additional services or recommend going to the hospital. Trained primarily for Teens and Adults, but will speak to children as well.
The Blood Cancer Foundation	Supports for blood cancer patients and their families	(800) 825-2536		https://bloodcancerfoundationmi.org/	For families impacted by blood cancer diagnosis - Free Services Include: Case Mangement, Financial Assistance - travel for treatment, mileage reimbursement for appointments, uber, ect. Social Support - plan fun activities for patients and families to enjoy worry free.
The Dougy Center	Grief Resources, Podcasts, & Activities for Young Children and up	(503) 775-5683	help@dougy.org	www.dougy.org	Information, education, referral and support for children and families; publishes a national directory on support programs for bereaved children. Age Groups for Resources: Younger Children (0-5), Older Children (6-12), Teens, Young Adults, Parents/Caretakers
The Jason Foundation	Youth suicide prevention program and mobile app	(615) 264-2323		https://jasonfoundation.com/	Youth suicide prevention - "A Friend Asks" app and B1 Pledge site - Be Aware, Be Able and Be Prepared to React. Project Hug for adults to use with their youth.
The Senior Alliance	Senior citizen advocacy and Resources	734-722-2830 800-815-1112	info@thesenioralliance.org	www.thesenioralliance.org	The Senior Alliance connects older adults and caregivers with resources, services, and programs in 34 western Wayne County and Downriver communities in Michigan.
The Tears Foundation	Grief support for loss of pregnancy, infant, or child.	253-200-0944	michiganchapter@thetearsfoundation.org office@thetearsfoundation.org admin@thetearsfoundation.org	https://thetearsfoundation.org/chapters/michigan-old/	Programs include: Pregnancy and Infant Loss, Angel of Hope Monuments, Emotional Support, Center For Child Loss, Funeral Assistance

The Wounded Blue	For wounded and disabled Law Enforcement Officers (active or retired) and their families. Crisis Line, Peer Support, Assistance, Advocacy, Community Outreach & Education	24/7 Immediate Assistance: 833-TWB-TALK (833-892-8255) TEXT "BLUE" TO 877-810-0911	info@thewoundedblue.org	https://thewoundedblue.org/	The Wounded Blue's Mission is to improve the lives of injured and disabled Law Enforcement Officers through Support, Education, Assistance and Legislative Advocacy. We can de-stigmatize mental health within the law enforcement community through Leadership, Education, Advocacy and Dedication to America's Law Enforcement Officers. Through The Wounded Blue's Peer Support Advocate Program, Community Outreach & Education, the Wounded Blue will ensure that you are NEVER FORGOTTEN and NEVER ALONE.
Tragedy Assistance Program for Survivors (TAPS)	Support to those grieving the loss of a military loved one. Adults and Children (5 year old Kindergarteners and up)	24/7 Survivor helpline: 800-959-TAPS	info@taps.org youthprograms@taps.org	https://www.taps.org/	Offers compassionate care to all those grieving the death of a military loved one. Peer-based support; casework assistance; connections to grief and trauma resources; and retreats, camps, and national/regional survivor seminars.
Trevor Project	Suicide Prevention for LGBTQ+ youth Crisis Services, Peer Support, Resources for families of LGBTQ+ youth	(866) 488-7386		https://www.thetrevorproject.org/	
Universal Dementia Caregivers	Dementia caregivers, friends, and family support	248-509-HELP 248-509-4357	info@universaldementia.org	https://www.universaldementia.org/	Educating caregivers, families, and communities supporting loved ones with Alzheimer's and other dementia-related diseases. As a trusted resource in helping caregivers manage the social, spiritual, emotional, and practical needs of those suffering from the disease, we strive to offer real benefits to caregivers especially those in need-based communities.
VA Ann Arbor	Primary Care, Mental Health, Specialty Care, Social Programs and Services for Military Veterans	Main phone: 734-769-7100 VA health connect: 833-940-1624 Mental health care: 734-845-3471		https://www.va.gov/ann-arbor-health-care/	

VA Battle Creek	Primary Care, Mental Health, Specialty Care, Social Programs and Services for Military Veterans	Main phone: 269-966-5600 VA health connect: 833-940-1624 Mental health care: 888-214-1247, ext. 33680		https://www.va.gov/battle-creek-health-care/	
VA Detroit	Primary Care, Mental Health, Specialty Care, Social Programs and Services for Military Veterans	Main phone: 313-576-1000 VA health connect: 833-940-1624 Mental health care: 313-576-1000, ext. 65370		https://www.va.gov/detroit-health-care/	
VA Iron Mountain	Primary Care, Mental Health, Specialty Care, Social Programs and Services for Military Veterans	Main phone: 800-215-8262 VA health connect: 833-933-1107 Mental health care: 800-215-8262, ext. 32541		https://www.va.gov/iron-mountain-health-care/	
VA Saginaw	Primary Care, Mental Health, Specialty Care, Social Programs and Services for Military Veterans	Main phone: 989-497-2500 VA health connect: 833-940-1624 Mental health care: 989-497-2500, ext. 11959		https://www.va.gov/saginaw-health-care/	
W2SM - Warrior to Soul Mate	Couples/Relationship Enrichment for Veterans and their Family/Friends	(734) 845-3417	info@PAIRS.com	https://www.w2sm.com/	"The VA Chaplaincy's PAIRS Warrior to Soul Mate (W2SM) program aims to quickly enhance wellness by strengthening Veterans' relationships with significant others. This intensive, evidence-based group training program focuses on building the key skills needed for healthy, happy, and resilient."

Warmlines	Free NON-crisis peer Mental Health phone help, like talking to a friend. Searchable by open times or area to find the phone numbers.			https://www.warmline.org/	Warmlines (also known as peer support warmlines or peer-operated behavioral health warmlines) are phone, chat, or text lines that provide empathetic listening and peer support to individuals who may be experiencing distress or loneliness, or those seeking validation from a peer with lived experience who identifies with their concerns and can offer a confidential and non-judgmental space for connection and self-directed exploration of possible solutions and alternatives.
Wayfinder Psychotherapy	Mental Health for Teens and Adults	(248) 266-8536	WayfinderPsychotherapy@gmail.com	https://www.wayfinderpsychotherapy.net/	Alexander Borrello - Clinical Mental Health Counselor. Counseling/Therapy for Teens and Adults: Depression, Bipolar Depression, Anxiety, Trauma, Grief, Traumatic Grief, Anticipatory Grief, Relationships, School/Work Stress
Wayne Youth and Family Services	Services and Assistance for ages 9-16 and their families	(734) 721-7004	youthservices@cityofwayne.com	https://www.cityofwayne.com/188/Youth-Services	Free comprehensive services for youth 9-16 and their families: Educational Learning Lab with tutors, Youth Support Groups, Parent Support, Individual Case Management, Anger Management Groups, Behavioral Interventions, School-Based Truancy Prevention and Diversion, Girls Group, Diversion programs to keep youth out of the formal justice system, Assessments & Referrals
What's your grief?	Online tools for Grievers, those Supporting a griever, and Grief Professionals		whatsyourgrief@gmail.com	https://whatsyourgrief.com/	Articles, online support communities, coping tools, share your grief through photos, recipes, secret projects, and more.
Widowed Friends	Social Events and Activities for widows/widowers in SouthEast Michigan	Gerry - 586-795-0477 Ellen - 586-489-2569 (cell/text) Elaine - 586-291-2471 (cell/text)	widowedfriendsaod@gmail.com	https://www.widowedfriends.com/	Events are in many different locations and include activities like movies, breakfast, dinners, card games, bowling, golf, travel, and more. Small annual membership fee, some event costs, and RSVPs required. Gerry - Finances & Travel, 586-795-0477 Ellen - Web Site & Newsletter, 586-489-2569 (cell/text) Elaine - Membership & Activities, 586-291-2471 (cell/text). Contact For Change of Address, Telephone Number, or Email
Widowed Persons Service - Grand Rapids	Support Groups, Social Opportunities and the Growth Through Loss Seminar, Monthly Newsletter	616-538-0101	director@wpsgr.org	https://wpsgr.org/	Support Groups, Social Events, Seminars, Online Resources for spouse loss in the greater Grand Rapids Area.

Words of Hope 4 Life	EBCI (Event-Based Community Intervention), Youth Action and Connection, Harm Prevention/Reduction, VibeWithPride (LGBTQIA+), free meeting space.	844-844-5900	info@wordsofhope4life.com	https://wordsofhope4life.com/	Our mission is to develop and implement new and innovative ways to integrate mental wellness, prevention and harm reduction into communities. We focus on 4 pillars to achieve our goal: R- RESILIENCE A- ATTITUDE I- INTERCONNECTION TO COMMUNITY L- LEARNING NEW SKILLS
Yad Ezra	Food Pantry with focus on Jewish community, but available to anyone in need.	(248) 548-3663	info@yadezra.org	https://www.yadezra.org/	Food Distribution, Community Giving Gardens, While their focus is on helping members of the Jewish community, anyone (regardless of religious affiliation) who states they need food will receive groceries at least once.

Resources - Books & Podcasts

Category	Title	Author(s)/Organizer(s)	Link	Notes
* Please note: NGS=Not Grieving Specific				
Any Loss	A MEAL FOR ME: Simple Strategies for Cooking for One	Compiled for Hospice of Michigan	https://arborhospice.org/wp-content/uploads/2023/08/A-Meal-For-Me-Cookbook.pdf	Cookbook for those who need to learn to cook for one person after the loss of others in the household. Begins with grief-related information, nutrition, and Food Safety information for a variety of cooking experience levels.
Any Loss	Grief is Love Lost	Dr. John Canine EDD, PhD and Eli Zaret	https://griefislovelost.com/	Audio Sessions for Dealing with Grief
Any Loss	Michigan Resources for Grieving Families	State of Michigan	https://bit.ly/2SdRVwv	PDF created by the State that lists Michigan agencies and facilities that providing grief support services, listed by County
Cancer	Cancer and Death: A Love Story in Two Voices	Leah Vande Berg and Nick Trujillo		
Child and Teen Grief	A Parent's Guide to Raising Grieving Children	Phyllis Silverman and Madelyn Kelly		
Child and Teen Grief	After a loved one dies - How children grieve and how parents and other adults can support them	David J. Schonfeld, MD, and Marcia Quackenbush, MS, MFT, CHES	https://www.schoolcrisiscenter.org/resources/loved-one-dies/	
Child and Teen Grief	Healing a Child's Grieving Heart	Alan Wolfelt		
Child and Teen Grief	HELPING GRIEVING CHILDREN AND TEENS	Hospice of Michigan, Arbor Hospice, and Jo Elyn Nyman Programs for Children	https://arborhospice.org/wp-content/uploads/2023/10/Helping-Grieving-Children-and-Teens-2022-11172022.pdf	Educational resources for caring adults to help their child or teen during a terminal illness and after a death.
Child and Teen Grief	Midlife Orphan	Jane Brooks		
Child and Teen Grief	Nobody's Child Anymore	Barbara Bartocci		
Child and Teen Grief	Teen Grief Relief: Parenting with Understanding, Support & Guidance	Heidi Horsley, Gloria Horsley and Betty Wright		
Child and Teen Grief	The Grieving Child: A Parent's Guide	Helen Fitzgerald		
Child and Teen Grief	The Grieving Teen: A Guide for Teenagers and Their Friends	Helen Fitzgerald		
Child and Teen Grief	We Get It: Voices of Grieving College Students and Young Adults	Heather Servaty-Seib and David C. Fajgenbaum		
Child and Teen Grief	When Parents Die: A Guide for Adults	Edward Myers		
Child and Teen Grief	When Parents Die: Learning to Live with the Loss of a Parent	Rebecca Abrams		
Child Loss	A Grief Unveiled: One Father's Journey Through the Loss of a Child	Gregory Floyd		
Child Loss	Giving Sorrow Words	Candy Lightner and Nancy Hathaway		
Child Loss	How to Survive the Loss of a Child	Catherine Sanders		
Child Loss	Life after the Death of My Son: What I'm Learning	Dennis Apple		
Child Loss	The Grieving Garden: Living with the Death of a Child	Suzanne Redfern and Susan K. Gilbert		
Child Loss	When the Bough Breaks: Forever after the Death of a Son or Daughter	Judith Bernstein		
Friend & Coworker Grief	Don't Ask for the Dead Man's Golf Clubs: Advice for Friends When Someone Dies	Lynn Kelly		
Friend & Coworker Grief	Grieving the Death of a Friend	Harold Ivan Smit		
General Grief	A Grace Disguised	Jerry Sittser		
General Grief	Grievers Ask: Answers to Questions About Grief and Loss	Harold Ivan Smith		
General Grief	How to Go on Living When Someone You Love Dies	Therese Rando		

General Grief	The Other Side of Sadness	George Bonanno		
Infant/Pregnancy Loss	Guys and Grief - Podcast for fathers who have experienced Pregnancy or Infant Loss		https://open.spotify.com/show/4zIpSLSHweixD80Tgybtp2	
NGS - Adolescent Depression*	What Families Need to Know about Adolescent Depression	National Alliance on Mental Illness	https://24-7.master-print.com/NAMI/UserJCatalog.aspx	
NGS - Substance Use Recovery*	I'm Still a Person: The Stigma of Substance Use & Power of Respect	Dr. Audrey Begun, MSW, PhD, with help from many in recovery and their families	https://faceaddictionnow.org/stigma	Graphic Novel version available at: https://www.stillaperson.com/graphicnovel
Pregnancy/Infant loss	The Pregnancy Loss Guidebook: Coping Well with Pregnancy and Infant Loss	Monica Sholar Anderson (Remembering Cherubs Founder)	https://www.rememberingcherubs.org/	Consider referring the person through their website, so they can receive the book as part of the Ongoing Support Toolkit (free).
Siblings Grief	Surviving the Death of a Sibling	T.J. Wray		
Siblings Grief	The Empty Room: Understanding Sibling Loss	Elizabeth DeVita-Raeburn		
Spouse Loss	A Handbook for Widowers	Ed Ames		
Spouse Loss	From We to Me: Embracing Life Again After the Death or Divorce of a Spouse	Susan J. Zonnebelt-Smeenge and Robert C. De Vries		
Spouse Loss	Getting to the Other Side of Grief: Overcoming the Loss of a Spouse	Susan J. Zonnebelt-Smeenge and Robert C. De Vries		
Spouse Loss	I'm Grieving as Fast as I Can: How Young Widows and Widowers Cope and Heal	Linda Feinberg		
Spouse Loss	Living Fully in the Shadow of Death: Assurance and Guidance to Finish Well	Susan J. Zonnebelt-Smeenge and Robert C. De Vries		
Spouse Loss	Swallowed by a Snake: The Gift of the Masculine Side of Healing	Tom Golden		
Spouse Loss	The Empty Chair: Handling Grief on Holidays and Special Occasions	Susan J. Zonnebelt-Smeenge and Robert C. De Vries		
Spouse Loss	The Tender Scar: Life after the Death of a Spouse	Richard Mabry		
Spouse Loss	Traveling through Grief: Learning to Live Again after the Death of a Loved One	Susan J. Zonnebelt-Smeenge and Robert C. De Vries		
Spouse Loss	Widow to Widow: Thoughtful, Practical Ideas for Rebuilding Your Life	Genevieve D. Ginsburg		
Student Grieving Students or School Staff	Guidelines for responding to the death of a student or school staff	National Center for School Crisis and Bereavement	https://www.schoolcrisiscenter.org/resources/guide-responding-death/	These guidelines are designed to help school administrators, teachers, and crisis team members respond to the needs of students and staff after a loss has impacted the school environment, such as after the death of a student or staff member or when deaths occur that affect many people in the community. PDF format.

Resources - Community

Company/Organization	Service	Phone	Email	Website	Notes
Community Resource Directory by findhelp	Search and Connect to Social Care	-	0	https://communityresources.trinity-health.org/	Website helps find local resources by Zip Code and Type of need. Site has translation available to dozens of languages.
Crossroads	Resources and Services for low-income populations. Listed in Notes section.	(313) 831-2000	info@crossroadsofmichigan.org	www.crossroadsofmichigan.org	Resources: Transportation (Bus Tickets), Birth certificate retrieval, Identification retrieval, Food, Clothing, Personal hygiene products, Diapers, Formula, Baby clothing. Supports: Lifetime Opportunities for Children, Permanent Employment coaching, Crisis Reduction and Long-Term Stability, Fulfilling Immediate Needs, Weekly Hot Meals, Children's Summer Lunch
Jewish Family Services of Metro Detroit	Services for older adults, domestic abuse, family support, addiction, suicide prevention, counseling, community education.	(248) 592-2313	resourcecenter@jfsdetroit.org	https://www.jfsdetroit.org/	While our focus is to meet the needs of the metro Detroit Jewish community, we are honored to serve all who come through our door.
NAMI Metro	Mental Health Support Groups for individuals or their Families. National Alliance on Mental Illness - Metro-Oakland, Macomb, & Wayne Counties.	Helpline: (248) 773-2296 Admin Office: (248) 348-7197 text "helpline" to 62640	support@namimetro.org	https://namimetro.org/	NAMI Metro is grass roots, all volunteer non-profit organization dedicated to improving the quality of life for persons with serious mental illness and their families through, advocacy, support and education. In addition, NAMI Metro promotes research that will lead to improvements for all those diagnosed and living with a mental illness. It is our endeavor to erase the stigma that is associated with mental illness and we will not rest until mental illness is accepted the same as any other illness.
Pantry Net (Gleaner's)	Food Pantry Locator	866-GLEANER 866-453-2637	0	https://pantrynet.org/	Locator tool for food pantries/food distributions by location. There is also a rotating schedule of drive-up Mobile food distributions.
Yad Ezra	Food Pantry with focus on Jewish community, but available to anyone in need.	(248) 548-3663	info@yadezra.org	https://www.yadezra.org/	Food Distribution, Community Giving Gardens, While their focus is on helping members of the Jewish community, anyone (regardless of religious affiliation) who states they need food will receive groceries at least once.

Resources - Women's

Company	Service	Phone Number	Email	Website	Notes
Center for Loss in Multiple Birth (CLIMB)	Grief Support for loss of one or all children in a multiple pregnancy (Twin, Triplet, etc.)	phone/skype upon request	centerforlossinmultiplebirth@gmail.com (Jean Kollantai)	https://www.climb-support.org/	Support for parents, grandparents, siblings of loss of an infant from multiple pregnancy/birth or after. Recently added support for loss of an older twin child(ren) (including triplets, quads, other multiples) Website Languages: English, En español/Spanish, En français/French, По-русски/In Russian, 用中文/In Chinese
Community Resource Directory by findhelp	Search and Connect to Social Care	-	0	https://communityresources.trinity-health.org/	Website helps find local resources by Zip Code and Type of need. Site has translation available to dozens of languages.
Crossroads Care Center	Baby Loss Support Group and Individual	248-293-0070 800-712-HELP	info@crossroadscarecenter.org	https://crossroadscarecenter.org/blossm.html	0
First Candle	Grief Counseling and Resources for families impacted by miscarriage, stillbirth, sudden infant death.	Grief Line: 800-221-7437 Main: 203-966-1300	info@firstcandle.org	https://firstcandle.org/	0
James B. Fahner Pediatric Hospice	Hospice - Pediatric (infant thru young adult)	888-247-5704	0	https://anchors4children.org/pediatric-hospice/	Hospice for infant through young adult. Symptom management, Social, Emotional, and Spiritual support, Sibling support, Music therapy and Pet therapy, Comfort care education, Bereavement support.
March of Dimes	Grief resources for Pregnancy and Newborn Loss	Helpline: 1-888-663-4637 (888-MODIMES)	0	https://www.marchofdimes.org https://www.marchofdimes.org/find-support/topics/miscarriage-loss-grief/dealing-grief-after-death-your-baby	Will send resources to families directly impacted by perinatel losses due to miscarriage, ectopic pregnancy, stillbirth, or neonatal death.
Mothers Against Drunk Driving (MADD)	education, resources, and advocacy for bereaved families	214-744-6233 800-GET-MADD 877-ASK-MADD (877-275-6233) 24/7 Victim Help Line: 1-877-MADD-HELP (1-877-623-3435)	0	https://madd.org/	Support for survivors of drunk or drugged driving, advocates for legislation to prevent drunk driving, and information for parents to learn ways to help prevent their children from driving drunk.
Project Rachel	Grief: Infant-loss due to abortion. Faith-based.	888-RACHEL5 888-722-4355	projectrachel@aod.org (Detroit) projectrachel@dioceseofsaginaw.org	https://hopeafterabortion.com/	It's normal to grieve a pregnancy loss, including the loss of a child by abortion. It can form a hole in one's heart, a hole so deep that sometimes it seems nothing can fill the emptiness. You are not alone.

Remembering Cherubs	Grief: Pregnancy/Infant Loss	313-617-9254	info@rememberingcherubs.org	https://www.rememberingcherubs.org/	"A Resource Center for Pregnancy & Infant Loss." Free Resources, Care Concierge, Ongoing Toolkit for those who have lost a pregnancy or infant.
ROX - Ruling Our Experiences	Research-Based, Girl-specific program that can be used in schools for grades 5-12 to build skills and confidence.	(614) 488-8080	angelmensing@rulingourexperiences.com info@rulingourexperiences.com	https://www.rulingourexperiences.com/	Ruling Our eXperiences (ROX) is the national nonprofit authority on girls. We conduct large-scale national research with girls, deliver evidence-based programs in schools nationwide and equip adults to better support and empower girls.
Solid Ground Counseling	New Moms/Postpartum Support Counseling/Therapy Support Groups Mental Health Testing Addiction Anger Management	(734) 927-1201	0	https://www.solidgroundcounseling.com	Groups: Teen Support (13-17), Anxiety Support (18-25), New Moms/Postpartum Support, First Responders, Spouses of First Responders. Individual Counseling for all ages: Grief and Loss; Parenting Skills; Sexual Integrity and Abuse; Family Dynamics; Anger Management; Addictions. Testing. Low-cost or free available with Master's Level Interns for those who do not have coverage or cannot afford the regular practitioners.
The Tears Foundation	Grief support for loss of pregnancy, infant, or child.	253-200-0944	michiganchapter@thetearsfoundation.org office@thetearsfoundation.org admin@thetearsfoundation.org	https://thetearsfoundation.org/chapters/michigan-old/	Programs include: Pregnancy and Infant Loss, Angel of Hope Monuments, Emotional Support, Center For Child Loss, Funeral Assistance

Resources - Social Services

Company	Service	Phone Number	Email	Website	Notes
City of Farmington Hills - Adults 50 and Better	Services for Caregivers and Adults aged 50 and up.	248-473-1830	0	https://www.fhgov.com/play-explore-learn/adults-50-better/	Daily events are held at the Costick Activities Center, Monday-Friday, 9:00 AM-4:00 PM, with scheduled evening and weekend programs. Please see “The Messenger", the Adults 50 & Better Program’s monthly newsletter, and the Special Services Activities Guide for updated information on all available programs and services.
Community Resource Directory by findhelp	Search and Connect to Social Care	-	0	https://communityresources.trinity-health.org/	Website helps find local resources by Zip Code and Type of need. Site has translation available to dozens of languages.
Corewell Health (previously Beaumont) - School Based Clinic - Pierce Middle School	Pediatric care clinic & Adolescent Health Center	(313) 242-0570	0	https://www.beaumont.org/services/teen-services	Pediatric care clinic & Adolescent Health Center- Pierce, a School Based Health Center located in Pierce Middle School. We serve ages 10 to 21 years old living in Redford Twp and surrounding communities. Insurance accepted but not required. Services are not denied due to inability to pay.
Crossroads	Resources and Services for low-income populations. Listed in Notes section.	(313) 831-2000	info@crossroadsofmichigan.org	www.crossroadsofmichigan.org	Resources: Transportation (Bus Tickets), Birth certificate retrieval, Identification retrieval, Food, Clothing, Personal hygiene products, Diapers, Formula, Baby clothing. Supports: Lifetime Opportunities for Children, Permanent Employment coaching, Crisis Reduction and Long-Term Stability, Fulfilling Immediate Needs, Weekly Hot Meals, Children’s Summer Lunch
Detroit Wayne Integrated Health Network	Crisis and Mental health in Detroit and Wayne County. Mobile Crisis Units.	(313) 344-9099 (313) 833-2500 TTY: (800) 630-1044 TDD: 711 Crisis: 1-800-241-4949	accesscenter@dwihn.org	https://www.dwihn.org/	DWIHN supports and serves individuals in Wayne County with serious mental illness, children with serious emotional disturbance, people with autism, individuals with intellectual and developmental disabilities and those with substance use disorder. Mobile Crisis Units available. LGBTQ+ Services for youth 10-21+. Children 14+ can have up to 12 sessions or 3 months without requiring permission from their parents, if the child requests it.
Jewish Senior Life	Senior Living Community, including some HUD-Subsidized	Tours: 248-469-0228 HUD-Subsidized Apartment Information: 248-592-1127 All Other Inquiries: 248-592-1111	0	https://jslmi.org/	Independent Living, Assisted Living, Memory Care, Short Term Apartment Rental. Special programs for Holocaust Survivors and their families.
Kinship Care Resource Center	Support Groups and resources for kinship caregivers	800-535-1218 517-355-9600	kinship@msu.edu	https://kinship.msu.edu/	The KCRC serves kinship care families across the state by providing information and referrals to resources and services for caregivers and the children they are raising. KCRC also offers support to professionals serving kinship families.
Michigan Veteran Resource Service Center	Assists veterans with Housing, emergency assistance, education assistance, DD214s, etc.	800-MICH-VET 800-642-4838	0	https://www.michigan.gov/mvaa	A resource center connecting veterans and their families to state programs, federal benefits, and local resources.
NAMI Metro	Mental Health Support Groups for individuals or their Families. National Alliance on Mental Illness - Metro-Oakland, Macomb, & Wayne Counties.	Helpline: (248) 773-2296 Admin Office: (248) 348-7197 text “helpline” to 62640	support@namimetro.org	https://namimetro.org/	NAMI Metro is grass roots, all volunteer non-profit organization dedicated to improving the quality of life for persons with serious mental illness and their families through, advocacy, support and education. In addition, NAMI Metro promotes research that will lead to improvements for all those diagnosed and living with a mental illness. It is our endeavor to erase the stigma that is associated with mental illness and we will not rest until mental illness is accepted the same as any other illness.
Northville Youth Network	Youth Assistance/Court Diversion, Support Services, Mental Health	248-348-5800	youthnetwork@twp.northville.mi.us	https://www.twp.northville.mi.us/services/northville-youth-network	Northville Youth Network services are available to families who reside in the City of Northville, the Charter Township of Northville and the Northville Public School District.

Resources - Domestic Abuse

Company	Service	Phone Number	Email	Website	Notes
Community Resource Directory by findhelp	Search and Connect to Social Care	-	0	https://communityresources.trinity-health.org/	Website helps find local resources by Zip Code and Type of need. Site has translation available to dozens of languages.
Crime Stoppers of Michigan	Support for: Crime Victims and their Families. 100% Anonymous Tip Line, Monetary reward for tips leading to an arrest.	Report a Crime: 1 800 SPEAK UP (800-773-2587) Follow-Up on a tip: 313-922-5000 x117 313-922-5000 x114	info@michiganalliance.org	https://www.1800speakup.org/	SERVICES WE PROVIDE Posters, Door Hangers, Social Media Posts, Press Conferences, Geo-Fencing*, Billboards*, Family Support, Community Presentations, Supporting Community Resource Groups, Research Initiatives *Note: All of our services are free except for billboard and geo-fencing.
Deaf Community Advocacy Network (DEAF C.A.N)	Interpreting Services, Mental Health services, The Deaf HIV Program, Domestic Violence/Sexual Assault services in ASL. For Deaf, DeafBlind, and Hard of Hearing people from children to senior citizens.	Videophone: 248-209-6437 Voice: 248-332-3331	deafcan@deafcan.org seniorcitizen@deafcan.org	https://www.deafcan.org/	We offer outpatient services for Deaf, DeafBlind, and Hard of Hearing children, adolescents, and adults in Southeastern Michigan and for persons that are primary caretakers of someone in their household that is Deaf, Deaf-Blind, or Hard of Hearing. Clients will receive services from therapists fluent in American Sign Language (ASL).
DVS - Division of Victim Services - Michigan Department of Health and Human Services	Crime Victim Services - for Domestic Violence, Sexual Assault	(877) 251-7373	Crime Victim Compensation MDHHS-MichiganCrimeVictim@Michigan.gov Domestic & Sexual Violence Prevention & Treatment Board MDHHS-MDSVPTBMembers@Michigan.gov Crime Victim Services Commission MDHHS-CVSC-Members@michigan.gov Human Trafficking Health Advisory Board MDHHS-HTHAB@michigan.gov	https://www.michigan.gov/mdhhs/safety-injury-prev/publicsafety/crimevictims	The Division of Victim Services (DVS) provides a voice advocating for and responding to all victims of crime in Michigan. DVS administers nearly 600 contracts that fund over 200 community-based programs, Tribes, and government partners across Michigan that provide vital services to victims, such as counseling, legal and medical advocacy, emergency housing, and crime victims' rights advocacy. The Division also provides reimbursement for sexual assault medical forensic examinations, direct compensation to victims though Michigan's Crime Victim Compensation program, and supports the statewide victim notification system (MI-VINE).
Jewish Family Services of Metro Detroit	Services for older adults, domestic abuse, family support, addiction, suicide prevention, counseling, community education.	(248) 592-2313	resourcecenter@jfsdetroit.org	https://www.jfsdetroit.org/	While our focus is to meet the needs of the metro Detroit Jewish community, we are honored to serve all who come through our door.
New Oakland Family Centers	Mental Health Services, Eating disorder treatment, Face to Face, Intensive Crisis Stabilization, outpatient, ages 3 and up	24/7 Emergency: (877) 800-1650 Non-emergency: (800) 395-3223	0	https://newoakland.org/	FACE to FACE: 24 hour partial hospital program for therapy, Crisis: for individuals who would meet th criteria for psychiatric hospital admissions who could be stabilized using less restrictive treatments, Mental Health treatment, Medication,
OK2SAY - Michigan's Student Safety Program	Confidentially report school or student safety concerns. Online toolkits for staff, students, parents about abuse, suicide prevention, bullying, etc.	Text: OK2SAY (652729) Call: 8-555-OK2SAY (855-565-2729) + Mobile Apps	OK2SAY@mi.gov	https://www.michigan.gov/ok2say https://ok2say.state.mi.us/ <-- Online form	Anyone can report tips confidentially on criminal activities or potential harm directed at students, school employees, or schools. Tips can be submitted 24 hours a day, 7 days a week. Phone call, Text, Email, Mobile apps (App Store and Google Play), or report directly through the website.
Parents of Murdered Children - Metro Detroit	Support for the families and friends of those who have died by violence. Ask The Experts, Second Opinion, Parole Block, Murder Wall	248-360-9692, 248-217-7725	jgrazioli0773@wideopenwest.com	https://www.pomc.org/ https://www.pomc.org/chapters/metro-detroit-chapter-2/	Chapter Leader: Joe Grazioli Meets 2nd Thursday of the month Time: 6:30 pm-8:30 pm, at St. David's Episcopal Church Hall in Southfield and via Zoom
Parents of Murdered Children - Saginaw County	Support for the families and friends of those who have died by violence. Ask The Experts, Second Opinion, Parole Block, Murder Wall	989-443-4356	Pomcsaginaw7@gmail.com	https://www.pomc.org/ https://www.pomc.org/chapters/saginaw-county-chapter-2/	Chapter Leader: Tamara Tucker 4th Saturday of each month, Time: 3:00 pm – 4:30 pm, Contact Chapter email or phone number for directions. Also has a Facebook group.

Resources - Disabilities

Company	Service	Phone Number	Email	Website	Notes
A Kid Again	Adventures for kids with life-threatening conditions, and support. Similar to Make-a-Wish.	(614) 797-9500	customerservice@akidagain.org	https://akidagain.org/chapter/michigan/	Adventures are fun, accessible, stress-free outings for families raising a child with a life-threatening condition. They are held at destinations like theme parks, sporting events, entertainment centers, and museums, and everything is provided: admission, food, and parking. Chapters in several states, including Michigan.
Communication Access Center for Deaf and Hard of Hearing	ASL Classes, Community Interpreting program, Senior Citizens Support. Zoom interpreting available for Deaf, DeafBlind, and Hard of Hearing. Weekly Wellness Group in ASL.	Phone: (810) 239-3112 VideoPhone: (810) 620-8490 (810) 250-7010 Fax: (810) 239-1606 After Hours: (810) 239-3112	info@cacdhh.org tmiracle@cacdhh.org (mentoring interpreters online)	https://www.cacdhh.org/	Interpreting Services for the Deaf, Hard of Hearing, and DeafBlind people in Flint, Genesee County & Michigan. Zoom interpreting available. Interpreting settings include but are not limited to:medical, mental health, legal/court, educational, corporate meetings/trainings, counseling and seminars/conferences. Interpreter mentoring. Weekly wellness group in ASL, with possibility of transportation to/from group.
Community Resource Directory by findhelp	Search and Connect to Social Care	-	0	https://communityresources.trinity-health.org/	Website helps find local resources by Zip Code and Type of need. Site has translation available to dozens of languages.
Deaf Community Advocacy Network (DEAF C.A.N)	Interpreting Services, Mental Health services, The Deaf HIV Program, Domestic Violence/Sexual Assault services in ASL. For Deaf, DeafBlind, and Hard of Hearing people from children to senior citizens.	Videophone: 248-209-6437 Voice: 248-332-3331	deafcan@deafcan.org seniorcitizen@deafcan.org	https://www.deafcan.org/	We offer outpatient services for Deaf, DeafBlind, and Hard of Hearing children, adolescents, and adults in Southeastern Michigan and for persons that are primary caretakers of someone in their household that is Deaf, Deaf-Blind, or Hard of Hearing. Clients will receive services from therapists fluent in American Sign Language (ASL).
Detroit Wayne Integrated Health Network	Crisis and Mental health in Detroit and Wayne County. Mobile Crisis Units.	(313) 344-9099 (313) 833-2500 TTY: (800) 630-1044 TDD: 711 Crisis: 1-800-241-4949	accesscenter@dwihn.org	https://www.dwihn.org/	DWIHN supports and serves individuals in Wayne County with serious mental illness, children with serious emotional disturbance, people with autism, individuals with intellectual and developmental disabilities and those with substance use disorder. Mobile Crisis Units available. LGBTQ+ Services for youth 10-21+. Children 14+ can have up to 12 sessions or 3 months without requiring permission from their parents, if the child requests it.
Friendship Circle	Peer mentor program and resources for individuals with special needs, and their families.	(248) 788-7878	hello@friendshipcircle.org	www.friendshipcircle.org	Friendship Circle of Michigan is a non-profit organization affiliated with Lubavitch of Michigan. Our goal is to provide every individual with special needs the support, friendship, and inclusion that they deserve. Some services include recreational, social, educational and vocational programming for children, teens and adults with disabilities.
Hegira Health	Mental Health, Behavioral Health	734-499-1587	0	https://www.hegirahealth.org/	Comprehensive integrated behavioral health services for infants through older adults. and Mental Health Behavioral Urgent Care Ages 6-17
Lions Bear Lake Camp	Camps for Visually Impaired as well as Deaf and Hard of Hearing ages 6-16	(810) 245-0726	traci@bearlakecamp.org	www.bearlakecamp.org	Visually Impaired and Blind Camp, Deaf and Hard of Hearing Camp, Deaf and Hard of Hearing Family Camp,
No Place Like Home Health	Home Healthcare - Medical and Non-Medical	(734) 259-4200	0	https://www.nplhh.com/	In-Home care services include Medical and Non-Medical. Such as: Personal Assistance, Companionship, Light Housekeeping, Errands and Transportation, Meal Preparation
Optalis Health & Rehabilitation of Canton	Skilled Nursing, Physical Rehabilitation, Long-Term Care, Respite Care	734-394-3100	0	https://www.optalishealthcare.com/location/canton/	Long-Term or Short-Term Skilled Nursing stays, Respite Care, Hospice Care, Managed Care.
StoneCrest Center	IN-PATIENT Mental Health/ Behavioral Health Hospital for Adolescents, Adults, Seniors, and those with Developmental Disabilities	(888) 909-4977 (877) 530-5222	0	https://www.stonecrestcenter.com/	0

Resources - Seniors

Company	Service	Phone Number	Email	Website	Notes
Alzheimer's Association Greater Michigan Chapter	24/7 Alzheimer's Helpline	800-272-3900 248-351-0280	0	https://www.alz.org/gmc	24/7 Helpline in over 200 languages, Resources for those with Alzheimers, as well as for Caregivers' health.
Canton Club 55+	Monthly workshops for caregivers, Activities for Seniors 55+	(734) 394-5485	0	https://cantonmi.gov/476/Club-55-Plus-Senior-Center	Activities, Events, Card Games,
City of Farmington Hills - Adults 50 and Better	Services for Caregivers and Adults aged 50 and up.	248-473-1830	0	https://www.fhgov.com/play-explore-learn/adults-50-better/	Daily events are held at the Costick Activities Center, Monday-Friday, 9:00 AM-4:00 PM, with scheduled evening and weekend programs. Please see “The Messenger", the Adults 50 & Better Program’s monthly newsletter, and the Special Services Activities Guide for updated information on all available programs and services.
Community Resource Directory by findhelp	Search and Connect to Social Care	-	0	https://communityresources.trinity-health.org/	Website helps find local resources by Zip Code and Type of need. Site has translation available to dozens of languages.
Deaf Community Advocacy Network (DEAF C.A.N)	Interpreting Services, Mental Health services, The Deaf HIV Program, Domestic Violence/Sexual Assault services in ASL. For Deaf, DeafBlind, and Hard of Hearing people from children to senior citizens.	Videophone: 248-209-6437 Voice: 248-332-3331	deafcan@deafcan.org seniorcitizen@deafcan.org	https://www.deafcan.org/	We offer outpatient services for Deaf, DeafBlind, and Hard of Hearing children, adolescents, and adults in Southeastern Michigan and for persons that are primary caretakers of someone in their household that is Deaf, Deaf-Blind, or Hard of Hearing. Clients will receive services from therapists fluent in American Sign Language (ASL).
Hilarity for Charity	Support for caregivers of those with Alzheimers	-	info@wearehfc.org	https://wearehfc.org/	Online Support Groups, Online Resources, Caregiver Respite Program
Jewish Community Adult Day Program	Day program for people with dementia	Southfield: 248-233-4392 West Bloomfield: 248-592-5032	info@brownadultday.org	https://www.brownadultday.org/	Adult Day Program intended to help people living with dementia to maintain their highest level of functioning. Some activities include: art, music, socialization, trips, group exercise, gardening, current events, trivia/brain boosters, baking, intergenerational programs.
Jewish Family Services of Metro Detroit	Services for older adults, domestic abuse, family support, addiction, suicide prevention, counseling, community education.	(248) 592-2313	resourcecenter@jfsdetroit.org	https://www.jfsdetroit.org/	While our focus is to meet the needs of the metro Detroit Jewish community, we are honored to serve all who come through our door.
Jewish Senior Life	Senior Living Community, including some HUD-Subsidized	Tours: 248-469-0228 HUD-Subsidized Apartment Information: 248-592-1127 All Other Inquiries: 248-592-1111	0	https://jslmi.org/	Independent Living, Assisted Living, Memory Care, Short Term Apartment Rental. Special programs for Holocaust Survivors and their families.
Michigan HomeCare & Hospice Association	Advocacy and Education for Caretakers Hospice Provider Search	(517) 349-8089	info@mhha.org	https://www.mhha.org/	Searchable directory for Hospice and At-Home care providers in Michigan, Education resources for caretakers, and advocacy
Michigan Veteran Resource Service Center	Assists veterans with Housing, emergency assistance, education assistance, DD214s, etc.	800-MICH-VET 800-642-4838	0	https://www.michigan.gov/mvaa	A resource center connecting veterans and their families to state programs, federal benefits, and local resources.
No Place Like Home Health	Home Healthcare - Medical and Non-Medical	(734) 259-4200	0	https://www.nplhh.com/	In-Home care services include Medical and Non-Medical. Such as: Personal Assistance, Companionship, Light Housekeeping, Errands and Transportation, Meal Preparation
Optalis Health & Rehabilitation of Canton	Skilled Nursing, Physical Rehabilitation, Long-Term Care, Respite Care	734-394-3100	0	https://www.optalishealthcare.com/location/canton/	Long-Term or Short-Term Skilled Nursing stays, Respite Care, Hospice Care, Managed Care.

Seniors Helping Seniors	In-Home services for Seniors by Seniors	(248) 686-1000	sheila@shsfarmingtonhills.com	https://seniorshelpingseniors.com/	Seniors help seniors by providing the followint services: Companionship, socialization, light housekeeping, meal preparation, Dementia/Alzheimer's care, relief of family caregiver, daily living assistance, personal care, etc.
StoneCrest Center	IN-PATIENT Mental Health/ Behavioral Health Hospital for Adolescents, Adults, Seniors, and those with Developmental Disabilities	(888) 909-4977 (877) 530-5222	0	https://www.stonecrestcenter.com/	0
The Senior Alliance	Senior citizen advocacy and Resources	734-722-2830 800-815-1112	info@thesenioralliance.org	www.thesenioralliance.org	The Senior Alliance connects older adults and caregivers with resources, services, and programs in 34 western Wayne County and Downriver communities in Michigan.
Universal Dementia Caregivers	Dementia caregivers, friends, and family support	248-509-HELP 248-509-4357	info@universaldementia.org	https://www.universaldementia.org/	Educating caregivers, families, and communities supporting loved ones with Alzheimer's and other dementia-related diseases. As a trusted resource in helping caregivers manage the social, spiritual, emotional, and practical needs of those suffering from the disease, we strive to offer real benefits to caregivers especially those in need-based communities.
VA Ann Arbor	Primary Care, Mental Health, Specialty Care, Social Programs and Services for Military Veterans	Main phone: 734-769-7100 VA health connect: 833-940-1624 Mental health care: 734-845-3471	0	https://www.va.gov/ann-arbor-health-care/	0
VA Battle Creek	Primary Care, Mental Health, Specialty Care, Social Programs and Services for Military Veterans	Main phone: 269-966-5600 VA health connect: 833-940-1624 Mental health care: 888-214-1247, ext. 33680	0	https://www.va.gov/battle-creek-health-care/	0
VA Detroit	Primary Care, Mental Health, Specialty Care, Social Programs and Services for Military Veterans	Main phone: 313-576-1000 VA health connect: 833-940-1624 Mental health care: 313-576-1000, ext. 65370	0	https://www.va.gov/detroit-health-care/	0
VA Iron Mountain	Primary Care, Mental Health, Specialty Care, Social Programs and Services for Military Veterans	Main phone: 800-215-8262 VA health connect: 833-933-1107 Mental health care: 800-215-8262, ext. 32541	0	https://www.va.gov/iron-mountain-health-care/	0
VA Saginaw	Primary Care, Mental Health, Specialty Care, Social Programs and Services for Military Veterans	Main phone: 989-497-2500 VA health connect: 833-940-1624 Mental health care: 989-497-2500, ext. 11959	0	https://www.va.gov/saginaw-health-care/	0

Resources - Suicide Prevention

Company	Service	Phone Number	Email	Website	Notes
American Association of Suicidology	Geared toward Mental Health Professionals: Podcast, training, community support for suicide prevention	202-237-2280 800-273-TALK	0	https://suicidology.org/	The American Association of Suicidology (AAS) provides comprehensive resources to help navigate your journey with suicide and mental health. AAS also offers a national directory of support groups that focus on a variety of survivors of suicide.
C.O.P.E. (Community Outreach for Psychiatric Emergencies)	Mental Health Crisis for residents of Wayne County	734-721-0200 844-296-2673	0	https://www.cope24-7.net/	COPE offers a continuum of organized and coordinated crisis and community-based outreach services. 24-Hour Walk-In Center. Provides pre-admission review services to adults who live in Wayne County, are experiencing a behavioral health crisis and have Medicaid, Healthy Michigan, MI Health Link, or no insurance coverage
Jewish Family Services of Metro Detroit	Services for older adults, domestic abuse, family support, addiction, suicide prevention, counseling, community education.	(248) 592-2313	resourcecenter@jfsdetroit.org	https://www.jfsdetroit.org/	While our focus is to meet the needs of the metro Detroit Jewish community, we are honored to serve all who come through our door.
Lincoln Behavioral Services	Mental Health for Child, Adult, & Family	(313) 450-4500 (866) 462-6730 TTY: (800) 649-3777	info@lbscares.org	https://www.lbscares.org/	Child & Family Services, Infant Mental Health, The Gathering Place Clubhouse (PSR), Assertive Community Treatment(ACT), Adult and Children Services, Primary Care Center
National Institute of Mental Health	Mental Health Conditions: Information and Resources	301-443-4513 866-615-NIMH(6464) TTY: 301-443-8431 TTY: 866-415-8051	nimhinfo@nih.gov	https://www.nimh.nih.gov/	Mental Health articles, information, finding treatment, studies, science updates, brochures and publications.
National Suicide Prevention Lifeline	24/7 phone line for people in crisis or considering suicide	1-800-273-8255	0	0	0
New Oakland Family Centers	Mental Health Services, Eating disorder treatment, Face to Face, Intensive Crisis Stabilization, outpatient, ages 3 and up	24/7 Emergency: (877) 800-1650 Non-emergency: (800) 395-3223	0	https://newoakland.org/	FACE to FACE: 24 hour partial hospital program for therapy, Crisis: for individuals who would meet th criteria for psychiatric hospital admissions who could be stabilized using less restrictive treatments, Mental Health treatment, Medication,
OK2SAY - Michigan's Student Safety Program	Confidentially report school or student safety concerns. Online toolkits for staff, students, parents about abuse, suicide prevention, bullying, etc.	Text: OK2SAY (652729) Call: 8-555-OK2SAY (855-565-2729) + Mobile Apps	OK2SAY@mi.gov	https://www.michigan.gov/ok2say https://ok2say.state.mi.us/ <-- Online form	Anyone can report tips confidentially on criminal activities or potential harm directed at students, school employees, or schools. Tips can be submitted 24 hours a day, 7 days a week. Phone call, Text, Email, Mobile apps (App Store and Google Play), or report directly through the website.
Six Feet Over - Lemonaid	Financial Assistance for survivors of Suicide Loss.	-	info@sixftover.org	https://sixftover.org/lemon-aid/	Need assistance paying for costs associated with the loss of your loved one to suicide, or need emotional and resource support? Lemon Aid may be able to help with costs associated with: Funerals and Memorial services, Granite Memorials and Headstones, Urns and Caskets, Bio-Cleaning services & others
Suicide & Crisis Lifeline	24/7 Free Phone or Text for those in crisis or having suicidal thoughts	call or text: 988	0	https://988lifeline.org/	A caring person will talk with the caller, and may refer to additional services or recommend going to the hospital. Trained primarily for Teens and Adults, but will speak to children as well.
The Jason Foundation	Youth suicide prevention program and mobile app	(615) 264-2323	0	https://jasonfoundation.com/	Youth suicide prevention - "A Friend Asks" app and B1 Pledge site - Be Aware, Be Able and Be Prepared to React. Project Hug for adults to use with their youth.
Trevor Project	Suicide Prevention for LGBTQ+ youth Crisis Services, Peer Support, Resources for families of LGBTQ+ youth	(866) 488-7386	0	https://www.thetrevorproject.org/	0

Resources - Child & Youth Mental Health

Company	Service	Phone Number	Email	Website	Notes
A Kid Again	Adventures for kids with life-threatening conditions, and support. Similar to Make-a-Wish.	(614) 797-9500	customerservice@akidagain.org	https://akidagain.org/chapter/michigan/	Adventures are fun, accessible, stress-free outings for families raising a child with a life-threatening condition. They are held at destinations like theme parks, sporting events, entertainment centers, and museums, and everything is provided: admission, food, and parking. Chapters in several states, including Michigan.
ACMH	Association for Children's Mental Health	(517) 372-4016 Parent Line: (888) ACMH-KID (888-226-4543)	0	www.acmh-mi.org	ACMH provides information, support, resources, referral and advocacy for children and youth with mental, emotional, or behavioral disorders and their families.
C.O.P.E. (Community Outreach for Psychiatric Emergencies)	Mental Health Crisis for residents of Wayne County	734-721-0200 844-296-2673	0	https://www.cope24-7.net/	COPE offers a continuum of organized and coordinated crisis and community-based outreach services. 24-Hour Walk-In Center. Provides pre-admission review services to adults who live in Wayne County, are experiencing a behavioral health crisis and have Medicaid, Healthy Michigan, MI Health Link, or no insurance coverage
Camp Good Grief	Grief Camp for ages 8-17 through Hospice of Michigan. One-Day camp offered on different dates at different locations during the summer.	888-247-5701	0	https://www.hom.org/camp-good-grief/	Registration opens in spring. Each camp offers: Activities facilitated by caring and qualified Master's-level grief support counselors who are specially-trained to work with grief-related issues. Board-Certified Music Therapists who use carefully selected music and rhythms to help campers cope with loss. Hospice-trained volunteers who help ensure that each camper is supported during the day's programs and activities. Pet volunteers and their friendly pets who bring companionship.
Center for Loss in Multiple Birth (CLIMB)	Grief Support for loss of one or all children in a multiple pregnancy (Twin, Triplet, etc.)	phone/skype upon request	centerforlossinmultiplebirth@gmail.com (Jean Kollantai)	https://www.climb-support.org/	Support for parents, grandparents, siblings of loss of an infant from multiple pregnancy/birth or after. Recently added support for loss of an older twin child(ren) (including triplets, quads, other multiples) Website Languages: English, En español/Spanish, En français/French, По-русски/In Russian, 用中文/In Chinese
Child Mind Institute	Childrens Mental Health Support	-	0	https://childmind.org/	0
Common Ground Behavioral Health	Behavioral Health, Crisis and Resources, Behavioral Virtual Urgent Care. Ages 12 and up.	Crisis (24/7): 800-231-1127 Urgent Care: 248-983-5454	0	https://commongroundhelps.org/	24/7 Crisis Line to connect callers with service providers. Virtual Urgent Care during scheduled hours: Mon/Tues/Thurs/Fri 11am-8pm according to website as of 3/2025 (may change). Most insurances accepted, and there is an out-of pocket cap for appointments.
Community Resource Directory by findhelp	Search and Connect to Social Care	-	0	https://communityresources.trinity-health.org/	Website helps find local resources by Zip Code and Type of need. Site has translation available to dozens of languages.
Compassionate Friends	Grief support for child loss (of any age)	877-969-0010	nationaloffice@compassionatefriends.org	https://www.compassionatefriends.org/ https://www.compassionatefriends.org/find-support/chapters/chapter-locator/	Support Groups both Virtual and In-Person, searchable by location. Some locations include a sibling group for children under 12 during the regular group for everyone else.
Deaf Community Advocacy Network (DEAF C.A.N)	Interpreting Services, Mental Health services, The Deaf HIV Program, Domestic Violence/Sexual Assault services in ASL. For Deaf, DeafBlind, and Hard of Hearing people from children to senior citizens.	Videophone: 248-209-6437 Voice: 248-332-3331	deafcan@deafcan.org seniorcitizen@deafcan.org	https://www.deafcan.org/	We offer outpatient services for Deaf, DeafBlind, and Hard of Hearing children, adolescents, and adults in Southeastern Michigan and for persons that are primary caretakers of someone in their household that is Deaf, Deaf-Blind, or Hard of Hearing. Clients will receive services from therapists fluent in American Sign Language (ASL).
Detroit Wayne Integrated Health Network	Crisis and Mental health in Detroit and Wayne County. Mobile Crisis Units.	(313) 344-9099 (313) 833-2500 TTY: (800) 630-1044 TDD: 711 Crisis: 1-800-241-4949	accesscenter@dwihn.org	https://www.dwihn.org/	DWIHN supports and serves individuals in Wayne County with serious mental illness, children with serious emotional disturbance, people with autism, individuals with intellectual and developmental disabilities and those with substance use disorder. Mobile Crisis Units available. LGBTQ+ Services for youth 10-21+. Children 14+ can have up to 12 sessions or 3 months without requiring permission from their parents, if the child requests it.

Havenwyck Hospital	Child (age 3 and up), Adolescent, and Adult Mental Health Hospital: Inpatient, Outpatient, Partial Hospitalization	248-373-9200 800-401-2727	0	https://havenwyckhospital.com/	0
Hegira Health	Mental Health, Behavioral Health	734-499-1587	0	https://www.hegirahealth.org/	Comprehensive integrated behavioral health services for infants through older adults. and Mental Health Behavioral Urgent Care Ages 6-17
Hidden Pain	Grief Support for Children who lost a parent or other caregiver to Covid-19, Resources for their remaining caregiver	-	0	https://www.hiddenpain.us/get-support/	The Hidden Pain Initiative is working to bring hope and healing to young people impacted by loss from COVID-19. They provide Resources to the remaining caregiver(s).
Jewish Family Services of Metro Detroit	Services for older adults, domestic abuse, family support, addiction, suicide prevention, counseling, community education.	(248) 592-2313	resourcecenter@jfsdetroit.org	https://www.jfsdetroit.org/	While our focus is to meet the needs of the metro Detroit Jewish community, we are honored to serve all who come through our door.
Judi's House / JAG Institute	Grieving Children and Families	(720) 941-0331	0	https://judishouse.org/	0
Lincoln Behavioral Services	Mental Health for Child, Adult, & Family	(313) 450-4500 (866) 462-6730 TTY: (800) 649-3777	info@lbscares.org	https://www.lbscares.org/	Child & Family Services, Infant Mental Health, The Gathering Place Clubhouse (PSR), Assertive Community Treatment(ACT), Adult and Children Services, Primary Care Center
Make-A-Wish Foundation	Works to fulfill a wish of children aged 3-17 with a critical illness (doesn't need to be terminal)	-	0	https://www.wish.org/	Family members or medical professionals with detailed knowledge of the child's condition can refer a child to have their wish fulfilled, once in their lifetime. Meant to be something that will bring them joy during their life-threating illness.
Mental Health America	Mental Health Screening and searchable mental health resources and providers list	(703) 684-7722 (800) 969-6642	0	https://screening.mhanational.org/screening-tools	Online mental health screening
Michigan Resources for Grieving Families	Grief Support Listing PDF (our listed address is the old one)	-	0	https://bit.ly/2SdRVwv	PDF created by the State that lists Michigan agencies and facilities that providing grief support services, listed by County
National Center for School Crisis and Bereavement	Helps schools support grieving students	877-53-NCSCB 877-536-2722	info@schoolcrisiscenter.org	https://www.schoolcrisiscenter.org/	0
National Institute of Mental Health	Mental Health Conditions: Information and Resources	301-443-4513 866-615-NIMH(6464) TTY: 301-443-8431 TTY: 866-415-8051	nimhinfo@nih.gov	https://www.nimh.nih.gov/	Mental Health articles, information, finding treatment, studies, science updates, brochures and publications.
New Oakland Family Centers	Mental Health Services, Eating disorder treatment, Face to Face, Intensive Crisis Stabilization, outpatient, ages 3 and up	24/7 Emergency: (877) 800-1650 Non-emergency: (800) 395-3223	0	https://newoakland.org/	FACE to FACE: 24 hour partial hospital program for therapy, Crisis: for individuals who would meet th criteria for psychiatric hospital admissions who could be stabilized using less restrictive treatments, Mental Health treatment, Medication,
New York Life Foundation	Downloadable Resources for families of grieving children	-	0	http://www.AChildinGrief.com	https://www.newyorklife.com/foundation/bereavement-support
Northville Youth Network	Youth Assistance/Court Diversion, Support Services, Mental Health	248-348-5800	youthnetwork@twp.northville.mi.us	https://www.twp.northville.mi.us/services/northville-youth-network	Northville Youth Network services are available to families who reside in the City of Northville, the Charter Township of Northville and the Northville Public School District.
OK2SAY - Michigan's Student Safety Program	Confidentially report school or student safety concerns. Online toolkits for staff, students, parents about abuse, suicide prevention, bullying, etc.	Text: OK2SAY (652729) Call: 8-555-OK2SAY (855-565-2729) + Mobile Apps	OK2SAY@mi.gov	https://www.michigan.gov/ok2say https://ok2say.state.mi.us/ <-- Online form	Anyone can report tips confidentially on criminal activities or potential harm directed at students, school employees, or schools. Tips can be submitted 24 hours a day, 7 days a week. Phone call, Text, Email, Mobile apps (App Store and Google Play), or report directly through the website.

Psychology Today	Mental Health, Therapy/Help Finder, Virtual Magazine	-	0	https://www.psychologytoday.com/us	Psychology Today's website has a free search option for help by category of need and location with many filters including finding a therapist of your same religion, culture, language, etc in addition to having their Magazine Articles available online.
Resilient Heart Therapy - Rick Guttersohn, LMSW	Mentaly Health/Therapy ages 14 and up · Virtual - Takes Insurance. Podcast and Resources are also on the website.	(248) 607-0002	rick@resilientheartmi.com	https://www.resilientheartmi.com/	Specialty Areas include: Grief & Loss (prolonged grief, anticipatory grief, suicide & overdose, traumatic loss, death of child/spouse/parent/sibling, stillbirth & miscarriage; Infertility, Non-death losses such as divorce, estrangement, foster/adoption, job loss, etc.), Depression & Anxiety, Shape & Low Self Esteem, Difficult Life Transitions, Professional Burnout, ADHD. Primarily virtual at the moment. Limited in-person requests in Livonia. https://www.psychologytoday.com/us/therapists/rick-guttersohn-livonia-mi/944461
River's Bend	Adult and Adolescent Intensive Outpatient, Partial Hospitalization, Therapy, Psychiatric Services, Adult ADHD/ADD Evaluations, Detoxification & Recovery	Troy: (248) 585-3239 West Bloomfield: (248) 702-6132	0	https://www.riversbendpc.com/	Our licensed therapists are trained to guide individuals through the therapeutic process while providing a safe and comfortable space to share. Our clinical team consists of professionals in social work, psychology, counseling, psychiatry, nursing, and substance use.
ROX - Ruling Our Experiences	Research-Based, Girl-specific program that can be used in schools for grades 5-12 to build skills and confidence.	(614) 488-8080	angelmensing@rulingourexperiences.com info@rulingourexperiences.com	https://www.rulingourexperiences.com/	Ruling Our eXperiences (ROX) is the national nonprofit authority on girls. We conduct large-scale national research with girls, deliver evidence-based programs in schools nationwide and equip adults to better support and empower girls.
Solid Ground Counseling	New Moms/Postpartum Support Counseling/Therapy Support Groups Mental Health Testing Addiction Anger Management	(734) 927-1201	0	https://www.solidgroundcounseling.com	Groups: Teen Support (13-17), Anxiety Support (18-25), New Moms/Postpartum Support, First Responders, Spouses of First Responders. Individual Counseling for all ages: Grief and Loss; Parenting Skills; Sexual Integrity and Abuse; Family Dynamics; Anger Management; Addictions. Testing. Low-cost or free available with Master's Level Interns for those who do not have coverage or cannot afford the regular practitioners.
Starfish Family Services	Behavioral Health, Early Childhood Education, Parenting Programs	(734) 728-3400	starfish@sfish.org	https://www.starfishfamilyservices.org/	A champion for children and families across metro Detroit who have limited access to essential resources such as education, healthcare, and economic opportunities
StoneCrest Center	IN-PATIENT Mental Health/ Behavioral Health Hospital for Adolescents, Adults, Seniors, and those with Developmental Disabilities	(888) 909-4977 (877) 530-5222	0	https://www.stonecrestcenter.com/	0
The Dougy Center	Grief Resources, Podcasts, & Activities for Young Children and up	(503) 775-5683	help@dougy.org	www.dougy.org	Information, education, referral and support for children and families; publishes a national directory on support programs for bereaved children. Age Groups for Resources: Younger Children (0-5), Older Children (6-12), Teens, Young Adults, Parents/Caretakers
The Jason Foundation	Youth suicide prevention program and mobile app	(615) 264-2323	0	https://jasonfoundation.com/	Youth suicide prevention - "A Friend Asks" app and B1 Pledge site - Be Aware, Be Able and Be Prepared to React. Project Hug for adults to use with their youth.
Tragedy Assistance Program for Survivors (TAPS)	Support to those grieving the loss of a military loved one. Adults and Children (5 year old Kindergarteners and up)	24/7 Survivor helpline: 800-959-TAPS	info@taps.org youthprograms@taps.org	https://www.taps.org/	Offers compassionate care to all those grieving the death of a military loved one. Peer-based support; casework assistance; connections to grief and trauma resources; and retreats, camps, and national/regional survivor seminars.
Trevor Project	Suicide Prevention for LGBTQ+ youth Crisis Services, Peer Support, Resources for families of LGBTQ+ youth	(866) 488-7386	0	https://www.thetrevorproject.org/	0
Wayfinder Psychotherapy	Mental Health for Teens and Adults	(248) 266-8536	WayfinderPsychotherapy@gmail.com	https://www.wayfinderpsychotherapy.net/	Alexander Borrello - Clinical Mental Health Counselor. Counseling/Therapy for Teens and Adults: Depression, Bipolar Depression, Anxiety, Trauma, Grief, Traumatic Grief, Anticipatory Grief, Relationships, School/Work Stress

Wayne Youth and Family Services	Services and Assistance for ages 9-16 and their families	(734) 721-7004	youthservices@cityofwayne.com	https://www.cityofwayne.com/188/Youth-Services	Free comprehensive services for youth 9-16 and their families: Educational Learning Lab with tutors, Youth Support Groups, Parent Support, Individual Case Management, Anger Management Groups, Behavioral Interventions, School-Based Truancy Prevention and Diversion, Girls Group, Diversion programs to keep youth out of the formal justice system, Assessments & Referrals
Wayne Youth and Family Services	Services and Assistance for ages 9-16 and their families	(734) 721-7004	youthservices@cityofwayne.com	https://www.cityofwayne.com/188/Youth-Services	Free comprehensive services for youth 9-16 and their families: Educational Learning Lab with tutors, Youth Support Groups, Parent Support, Individual Case Management, Anger Management Groups, Behavioral Interventions, School-Based Truancy Prevention and Diversion, Girls Group, Diversion programs to keep youth out of the formal justice system, Assessments & Referrals

Resources - Adult Mental Health

Company	Service	Phone Number	Email	Website	Notes
American Association of Suicidology	Geared toward Mental Health Professionals: Podcast, training, community support for suicide prevention	202-237-2280 800-273-TALK	0	https://suicidology.org/	The American Association of Suicidology (AAS) provides comprehensive resources to help navigate your journey with suicide and mental health. AAS also offers a national directory of support groups that focus on a variety of survivors of suicide.
Anchors Perinatal Program	Hospice - Perinatal Grief (pregnancy, infant loss)	888-247-5704	0	https://anchors4children.org/perinatal-program/	Through Arbor Hospice - The Anchors Perinatal Program provides emotional, social and clinical support to expectant parents as they anticipate and prepare for the birth of their child while also grieving the anticipated loss of the child during pregnancy, birth, or shortly after. The program also assists parents with birth planning during this most difficult time.
Arbor Hospice	Grief Groups and Events in-person and virtual	(734) 794-5127	0	https://arborhospice.org/grief-journey-program/	Categories: Grief After Dementia, Hope After Loss, Journey Through Grief, Living On, Memorial Services, Men Overcoming Loss
C.O.P.E. (Community Outreach for Psychiatric Emergencies)	Mental Health Crisis for residents of Wayne County	734-721-0200 844-296-2673	0	https://www.cope24-7.net/	COPE offers a continuum of organized and coordinated crisis and community-based outreach services. 24-Hour Walk-In Center. Provides pre-admission review services to adults who live in Wayne County, are experiencing a behavioral health crisis and have Medicaid, Healthy Michigan, MI Health Link, or no insurance coverage
Center for Loss in Multiple Birth (CLIMB)	Grief Support for loss of one or all children in a multiple pregnancy (Twin, Triplet, etc.)	phone/skype upon request	centerforlossinmultiplebirth@gmail.com (Jean Kollantai)	https://www.climb-support.org/	Support for parents, grandparents, siblings of loss of an infant from multiple pregnancy/birth or after. Recently added support for loss of an older twin child(ren) (including triplets, quads, other multiples) Website Languages: English, En español/Spanish, En français/French, По-русски/In Russian, 用中文/In Chinese
Common Ground Behavioral Health	Behavioral Health, Crisis and Resources, Behavioral Virtual Urgent Care. Ages 12 and up.	Crisis (24/7): 800-231-1127 Urgent Care: 248-983-5454	0	https://commongroundhelps.org/	24/7 Crisis Line to connect callers with service providers. Virtual Urgent Care during scheduled hours: Mon/Tues/Thurs/Fri 11am-8pm according to website as of 3/2025 (may change). Most insurances accepted, and there is an out-of pocket cap for appointments.
Community Resource Directory by findhelp	Search and Connect to Social Care	-	0	https://communityresources.trinity-health.org/	Website helps find local resources by Zip Code and Type of need. Site has translation available to dozens of languages.
Compassionate Friends	Grief support for child loss (of any age)	877-969-0010	nationaloffice@compassionatefriends.org	https://www.compassionatefriends.org/ https://www.compassionatefriends.org/find-support/chapters/chapter-locator/	Support Groups both Virtual and In-Person, searchable by location. Some locations include a sibling group for children under 12 during the regular group for everyone else.
Crossroads Care Center	Baby Loss Support Group and Individual	248-293-0070 800-712-HELP	info@crossroadscarecenter.org	https://crossroadscarecenter.org/blossm.html	0
DBSA	Depression and Bipolar Support Alliance - Groups and Resources	(312) 642-0049	metrodetroitdbsa@gmail.com	https://www.dbsalliance.org/support/chapters-and-support-groups/find-a-support-group/?state=MI	In-Person and Virtual Support Groups for people with Depression or Bipolar Disorder. Email and web address is for the Metro Detroit Chapter/Michigan Chapter. Other states also have chapters.
Deaf Community Advocacy Network (DEAF C.A.N)	Interpreting Services, Mental Health services, The Deaf HIV Program, Domestic Violence/Sexual Assault services in ASL. For Deaf, DeafBlind, and Hard of Hearing people from children to senior citizens.	Videophone: 248-209-6437 Voice: 248-332-3331	deafcan@deafcan.org seniorcitizen@deafcan.org	https://www.deafcan.org/	We offer outpatient services for Deaf, DeafBlind, and Hard of Hearing children, adolescents, and adults in Southeastern Michigan and for persons that are primary caretakers of someone in their household that is Deaf, Deaf-Blind, or Hard of Hearing. Clients will receive services from therapists fluent in American Sign Language (ASL).
Death Cafe	Peer group - Any loss type	-	Ann Arbor: thedyingyear@gmail.com	https://www.facebook.com/DeathCafeAnnArbor Upcoming/Other locations: https://deathcafe.com/deathcafes/ Virtual Meetings: ttps://deathcafe.com/search/?search=Virtual&all=all	Meets monthly on the second floor of Crazy Wisdom Bookstore. Check their facebook page for the next meeting date. "The Ann Arbor Death Cafe meets monthly and we usually have 25-35 participants with a good mix of newcomers and returers, young and old, all gender identities. The discussion is facilitated by Merilynne Rush and/or Diana Cramer. Any questions? Please contact Merilynne at thedyingyear@gmail.com."

Detroit Wayne Integrated Health Network	Crisis and Mental health in Detroit and Wayne County. Mobile Crisis Units.	(313) 344-9099 (313) 833-2500 TTY: (800) 630-1044 TDD: 711 Crisis: 1-800-241-4949	accesscenter@dwihn.org	https://www.dwihn.org/	DWIHN supports and serves individuals in Wayne County with serious mental illness, children with serious emotional disturbance, people with autism, individuals with intellectual and developmental disabilities and those with substance use disorder. Mobile Crisis Units available. LGBTQ+ Services for youth 10-21+. Children 14+ can have up to 12 sessions or 3 months without requiring permission from their parents, if the child requests it.
First Candle	Grief Counseling and Resources for families impacted by miscarriage, stillbirth, sudden infant death.	Grief Line: 800-221-7437 Main: 203-966-1300	info@firstcandle.org	https://firstcandle.org/	0
Grief Share	Grief Groups	-	0	https://www.griefshare.org/	Meetings are held in-person at many churches, as well as available virtually. Meeting finder on their homepage.
Havenwyck Hospital	Child (age 3 and up), Adolescent, and Adult Mental Health Hospital: Inpatient, Outpatient, Partial Hospitalization	248-373-9200 800-401-2727	0	https://havenwyckhospital.com/	0
Hegira Health	Mental Health, Behavioral Health	734-499-1587	0	https://www.hegirahealth.org/	Comprehensive integrated behavioral health services for infants through older adults. and Mental Health Behavioral Urgent Care Ages 6-17
Hilarity for Charity	Support for caregivers of those with Alzheimers	-	info@wearehfc.org	https://wearehfc.org/	Online Support Groups, Online Resources, Caregiver Respite Program
James B. Fahner Pediatric Hospice	Hospice - Pediatric (infant thru young adult)	888-247-5704	0	https://anchors4children.org/pediatric-hospice/	Hospice for infant through young adult. Symptom management, Social, Emotional, and Spiritual support, Sibling support, Music therapy and Pet therapy, Comfort care education, Bereavement support.
Jewish Family Services of Metro Detroit	Services for older adults, domestic abuse, family support, addiction, suicide prevention, counseling, community education.	(248) 592-2313	resourcecenter@jfsdetroit.org	https://www.jfsdetroit.org/	While our focus is to meet the needs of the metro Detroit Jewish community, we are honored to serve all who come through our door.
Judi's House / JAG Institute	Grieving Children and Families	(720) 941-0331	0	https://judishouse.org/	0
KH Mental Health Wellness	Psychologist, Grief, Talk Therapy, Medication	text: 317-437-5850	kristinhammoud@gmail.com	https://www.mymentalhealthwellness.com/	Kristin Hammoud, PMH-CNS-NP
Lincoln Behavioral Services	Mental Health for Child, Adult, & Family	(313) 450-4500 (866) 462-6730 TTY: (800) 649-3777	info@lbscares.org	https://www.lbscares.org/	Child & Family Services, Infant Mental Health, The Gathering Place Clubhouse (PSR), Assertive Community Treatment(ACT), Adult and Children Services, Primary Care Center
Mental Health America	Mental Health Screening and searchable mental health resources and providers list	(703) 684-7722 (800) 969-6642	0	https://screening.mhanational.org/screening-tools	Online mental health screening
Michigan Medicine Grief and Support	Grief Support following the loss of a loved one (Adult or Child)	Office of Decedent Affairs: 734-232-4919	SocWk-ODA@med.umich.edu	https://www.uofmhealth.org/patient-visitor-guide/grief-resources-support	0
Michigan Resources for Grieving Families	Grief Support Listing PDF (our listed address is the old one)	-	0	https://bit.ly/2SdRVwv	PDF created by the State that lists Michigan agencies and facilities that providing grief support services, listed by County
Michigan Veteran Resource Service Center	Assists veterans with Housing, emergency assistance, education assistance, DD214s, etc.	800-MICH-VET 800-642-4838	0	https://www.michigan.gov/mvaa	A resource center connecting veterans and their families to state programs, federal benefits, and local resources.
My Mental Health Wellness - Kristin Hammoud, PMH-CNS-NP	Grief Therapy and pharmacological services. Phone number is for texting	(317) 437-5850	kristinhammoud@gmail.com	https://www.mymentalhealthwellness.com/	Free 15-minute initial consultation. Deals with grief. Has been a volunteer with us before.

Resources - Adult Mental Health

NAMI Metro	Mental Health Support Groups for individuals or their Families. National Alliance on Mental Illness - Metro-Oakland, Macomb, & Wayne Counties.	Helpline: (248) 773-2296 Admin Office: (248) 348-7197 text “helpline” to 62640	support@namimetro.org	https://namimetro.org/	NAMI Metro is grass roots, all volunteer non-profit organization dedicated to improving the quality of life for persons with serious mental illness and their families through, advocacy, support and education. In addition, NAMI Metro promotes research that will lead to improvements for all those diagnosed and living with a mental illness. It is our endeavor to erase the stigma that is associated with mental illness and we will not rest until mental illness is accepted the same as any other illness.
National Center for PTSD	PTSD supports for Veterans and their families. Resources and Mobile Apps.	PTSD Information Voicemail: (802) 296-6300	ncptsd@va.gov	https://www.ptsd.va.gov/	Veterans Affairs PTSD website has information and resources about PTSD, as well as videos and mobile apps for Veterans and their Families/Friends, as well as resources for service providers.
National Institute of Mental Health	Mental Health Conditions: Information and Resources	301-443-4513 866-615-NIMH(6464) TTY: 301-443-8431 TTY: 866-415-8051	nimhinfo@nih.gov	https://www.nimh.nih.gov/	Mental Health articles, information, finding treatment, studies, science updates, brochures and publications.
New Normal Grief Consulting	Grief Consulting via Phone, Zoom, or In-Person	call/text (248) 825-3529	Jenny@newnormalgriefconsulting.com	https://newnormalgriefconsulting.com/	Free 30 minute initial consultation.
New Oakland Family Centers	Mental Health Services, Eating disorder treatment, Face to Face, Intensive Crisis Stabilization, outpatient, ages 3 and up	24/7 Emergency: (877) 800-1650 Non-emergency: (800) 395-3223	0	https://newoakland.org/	FACE to FACE: 24 hour partial hospital program for therapy, Crisis: for individuals who would meet th criteria for psychiatric hospital admissions who could be stabilized using less restrictive treatments, Mental Health treatment, Medication,
Parents of Murdered Children - Metro Detroit	Support for the families and friends of those who have died by violence. Ask The Experts, Second Opinion, Parole Block, Murder Wall	248-360-9692, 248-217-7725	jgrazioli0773@wideopenwest.com	https://www.pomc.org/ https://www.pomc.org/chapters/metro-detroit-chapter-2/	Chapter Leader: Joe Grazioli Meets 2nd Thursday of the month Time: 6:30 pm-8:30 pm, at St. David’s Episcopal Church Hall in Southfield and via Zoom
Parents of Murdered Children - Saginaw County	Support for the families and friends of those who have died by violence. Ask The Experts, Second Opinion, Parole Block, Murder Wall	989-443-4356	Pomcsaginaw7@gmail.com	https://www.pomc.org/ https://www.pomc.org/chapters/saginaw-county-chapter-2/	Chapter Leader: Tamara Tucker 4th Saturday of each month, Time: 3:00 pm – 4:30 pm, Contact Chapter email or phone number for directions. Also has a Facebook group.
Pasadena Villa Outpatient – Troy	Mental Health - Partial hospitalization program (PHP), Intensive Outpatiend Program (IOP)	248-550-0369 855-401-1117	0	https://odysseyoutpatient.com/troy	Outpatient mental health facility that offers 5-days/week 6-hour Partial-hospitalization program, and 3-5 days/week 3-hour Intensive Outpatient Program. The Intensive Outpatient Program also has a virtual option for daytime or evening.
PCS Counseling	Counseling, Mental Health, Integrated Health	734-542-6969	office@pcs-counseling.com	https://pcs-global.com/	Children, Adolescents, Adults, Seniors Accepts Insurance, Out of Network Insurance, Cash Pay. Website searchable by Clinical Specialties and Services
Psychology Today	Mental Health, Therapy/Help Finder, Virtual Magazine	-	0	https://www.psychologytoday.com/us	Psychology Today's website has a free search option for help by category of need and location with many filters including finding a therapist of your same religion, culture, language, etc in addition to having their Magazine Articles available online.
Resilient Heart Therapy - Rick Guttersohn, LMSW	Mentaly Health/Therapy ages 14 and up · Virtual - Takes Insurance. Podcast and Resources are also on the website.	(248) 607-0002	rick@resilientheartmi.com	https://www.resilientheartmi.com/	Specialty Areas include: Grief & Loss (prolonged grief, anticipatory grief, suicide & overdose, traumatic loss, death of child/spouse/parent/sibling, stillbirth & miscarriage; Infertility, Non-death losses such as divorce, estrangement, foster/adoption, job loss, etc.), Depression & Anxiety, Shape & Low Self Esteem, Difficult Life Transitions, Professional Burnout, ADHD. Primarily virtual at the moment. Limited in-person requests in Livonia. https://www.psychologytoday.com/us/therapists/rick-guttersohn-livonia-mi/944461
River's Bend	Adult and Adolescent Intensive Outpatient, Partial Hospitalization, Therapy, Psychiatric Services, Adult ADHD/ADD Evaluations, Detoxification & Recovery	Troy: (248) 585-3239 West Bloomfield: (248) 702-6132	0	https://www.riversbendpc.com/	Our licensed therapists are trained to guide individuals through the therapeutic process while providing a safe and comfortable space to share. Our clinical team consists of professionals in social work, psychology, counseling, psychiatry, nursing, and substance use.

SC Be Well - Schoolcraft College	Mental Health support for students enrolled in credit courses. Immediate, short-term assistance.	(734) 462-4486	studentrelations@schoolcraft.edu	https://www.schoolcraft.edu/student-relations/mental-health-support/	SC Be Well provides 24/7/365 free access for Schoolcraft students enrolled in credit classes. Offers students quick access to a counselor and countless resources for well being including mediation, mindfulness, stress management and more. Students can also access a 24/7 crisis line.
Solid Ground Counseling	New Moms/Postpartum Support Counseling/Therapy Support Groups Mental Health Testing Addiction Anger Management	(734) 927-1201	0	https://www.solidgroundcounseling.com	Groups: Teen Support (13-17), Anxiety Support (18-25), New Moms/Postpartum Support, First Responders, Spouses of First Responders. Individual Counseling for all ages: Grief and Loss; Parenting Skills; Sexual Integrity and Abuse; Family Dynamics; Anger Management; Addictions. Testing. Low-cost or free available with Master's Level Interns for those who do not have coverage or cannot afford the regular practitioners.
StoneCrest Center	IN-PATIENT Mental Health/ Behavioral Health Hospital for Adolescents, Adults, Seniors, and those with Developmental Disabilities	(888) 909-4977 (877) 530-5222	0	https://www.stonecrestcenter.com/	0
Tragedy Assistance Program for Survivors (TAPS)	Support to those grieving the loss of a military loved one. Adults and Children (5 year old Kindergarteners and up)	24/7 Survivor helpline: 800-959-TAPS	info@taps.org youthprograms@taps.org	https://www.taps.org/	Offers compassionate care to all those grieving the death of a military loved one. Peer-based support; casework assistance; connections to grief and trauma resources; and retreats, camps, and national/regional survivor seminars.
VA Ann Arbor	Primary Care, Mental Health, Specialty Care, Social Programs and Services for Military Veterans	Main phone: 734-769-7100 VA health connect: 833-940-1624 Mental health care: 734-845-3471	0	https://www.va.gov/ann-arbor-health-care/	0
VA Battle Creek	Primary Care, Mental Health, Specialty Care, Social Programs and Services for Military Veterans	Main phone: 269-966-5600 VA health connect: 833-940-1624 Mental health care: 888-214-1247, ext. 33680	0	https://www.va.gov/battle-creek-health-care/	0
VA Detroit	Primary Care, Mental Health, Specialty Care, Social Programs and Services for Military Veterans	Main phone: 313-576-1000 VA health connect: 833-940-1624 Mental health care: 313-576-1000, ext. 65370	0	https://www.va.gov/detroit-health-care/	0
VA Iron Mountain	Primary Care, Mental Health, Specialty Care, Social Programs and Services for Military Veterans	Main phone: 800-215-8262 VA health connect: 833-933-1107 Mental health care: 800-215-8262, ext. 32541	0	https://www.va.gov/iron-mountain-health-care/	0
VA Saginaw	Primary Care, Mental Health, Specialty Care, Social Programs and Services for Military Veterans	Main phone: 989-497-2500 VA health connect: 833-940-1624 Mental health care: 989-497-2500, ext. 11959	0	https://www.va.gov/saginaw-health-care/	0

W2SM - Warrior to Soul Mate	Couples/Relationship Enrichment for Veterans and their Family/Friends	(734) 845-3417	info@PAIRS.com	https://www.w2sm.com/	"The VA Chaplaincy's PAIRS Warrior to Soul Mate (W2SM) program aims to quickly enhance wellness by strengthening Veterans' relationships with significant others. This intensive, evidence-based group training program focuses on building the key skills needed for healthy, happy, and resilient."
Warmlines	Free NON-crisis peer Mental Health phone help, like talking to a friend. Searchable by open times or area to find the phone numbers.	-	0	https://www.warmline.org/	Warmlines (also known as peer support warmlines or peer-operated behavioral health warmlines) are phone, chat, or text lines that provide empathetic listening and peer support to individuals who may be experiencing distress or loneliness, or those seeking validation from a peer with lived experience who identifies with their concerns and can offer a confidential and non-judgmental space for connection and self-directed exploration of possible solutions and alternatives.
Wayfinder Psychotherapy	Mental Health for Teens and Adults	(248) 266-8536	WayfinderPsychotherapy@gmail.com	https://www.wayfinderpsychotherapy.net/	Alexander Borrello - Clinical Mental Health Counselor. Counseling/Therapy for Teens and Adults: Depression, Bipolar Depression, Anxiety, Trauma, Grief, Traumatic Grief, Anticipatory Grief, Relationships, School/Work Stress
What's your grief?	Online tools for Grievers, those Supporting a griever, and Grief Professionals	-	whatsyourgrief@gmail.com	https://whatsyourgrief.com/	Articles, online support communities, coping tools, share your grief through photos, recipes, secret projects, and more.
Widowed Friends	Social Events and Activities for widows/widowers in SouthEast Michigan	Gerry - 586-795-0477 Ellen - 586-489-2569 (cell/text) Elaine - 586-291-2471 (cell/text)	widowedfriendsaod@gmail.com	https://www.widowedfriends.com/	Events are in many different locations and include activities like movies, breakfast, dinners, card games, bowling, golf, travel, and more. Small annual membership fee, some event costs, and RSVPs required. Gerry - Finances & Travel, 586-795-0477 Ellen - Web Site & Newsletter, 586-489-2569 (cell/text) Elaine - Membership & Activities, 586-291-2471 (cell/text). Contact For Change of Address, Telephone Number, or Email
Widowed Persons Service - Grand Rapids	Support Groups, Social Opportunities and the Growth Through Loss Seminar, Monthly Newsletter	616-538-0101	director@wpsgr.org	https://wpsgr.org/	Support Groups, Social Events, Seminars, Online Resources for spouse loss in the greater Grand Rapids Area.
Words of Hope 4 Life	EBCI (Event-Based Community Intervention), Youth Action and Connection, Harm Prevention/Reduction, VibeWithPride (LGBTQIA+), free meeting space.	844-844-5900	info@wordsofhope4life.com	https://wordsofhope4life.com/	Our mission is to develop and implement new and innovative ways to integrate mental wellness, prevention and harm reduction into communities. We focus on 4 pillars to achieve our goal: R- RESILIENCE A- ATTITUDE I- INTERCONNECTION TO COMMUNITY L- LEARNING NEW SKILLS

Resources - Cancer

Company	Service	Phone Number	Email	Website	Notes
A Kid Again	Adventures for kids with life-threatening conditions, and support. Similar to Make-a-Wish.	(614) 797-9500	customerservice@akidagain.org	https://akidagain.org/chapter/michigan/	Adventures are fun, accessible, stress-free outings for families raising a child with a life-threatening condition. They are held at destinations like theme parks, sporting events, entertainment centers, and museums, and everything is provided: admission, food, and parking. Chapters in several states, including Michigan.
Community Resource Directory by findhelp	Search and Connect to Social Care	-	0	https://communityresources.trinity-health.org/	Website helps find local resources by Zip Code and Type of need. Site has translation available to dozens of languages.
Friendship Circle	Peer mentor program and resources for individuals with special needs, and their families.	(248) 788-7878	hello@friendshipcircle.org	www.friendshipcircle.org	Friendship Circle of Michigan is a non-profit organization affiliated with Lubavitch of Michigan. Our goal is to provide every individual with special needs the support, friendship, and inclusion that they deserve. Some services include recreational, social, educational and vocational programming for children, teens and adults with disabilities.
Michigan Cancer Support Network	Support for cancer patients and their caregivers	248-482-8300	chuck@mcancersupportnetwork.org	https://mcancersupportnetwork.org/	Cancer exercise, non-emergency rides, expense assistance, caregiver counseling, patient counseling
New Day Foundation for Families Fighting Cancer	Cancer-specific support for families	(248) 648-1105	newdayff@gmail.com	www.foundationforfamilies.org	A financial bridge for Michigan families fighting cancer
The Blood Cancer Foundation	Supports for blood cancer patients and their families	(800) 825-2536	0	https://bloodcancerfoundationmi.org/	For families impacted by blood cancer diagnosis - Free Services Include: Case Mangement, Financial Assistance - travel for treatment, mileage reimbursement for appointments, uber, ect. Social Support - plan fun activities for patients and families to enjoy worry free.
The Dougy Center	Grief Resources, Podcasts, & Activities for Young Children and up	(503) 775-5683	help@dougy.org	www.dougy.org	Information, education, referral and support for children and families; publishes a national directory on support programs for bereaved children. Age Groups for Resources: Younger Children (0-5), Older Children (6-12), Teens, Young Adults, Parents/Caretakers

Resources - Substance Use

Company	Service	Phone Number	Email	Website	Notes
Brighton Center for Recovery (Formerly Ascension-Brighton)	Substance Use Treatment	(248) 661-6100	0	https://www.henryford.com/services/behavioral-health/addiction/brighton	Outpatient treatment, Intensive Outpatient, and Residential (inpatient) addiction treatment
Community Resource Directory by findhelp	Search and Connect to Social Care	-	0	https://communityresources.trinity-health.org/	Website helps find local resources by Zip Code and Type of need. Site has translation available to dozens of languages.
Detroit Wayne Integrated Health Network	Crisis and Mental health in Detroit and Wayne County. Mobile Crisis Units.	(313) 344-9099 (313) 833-2500 TTY: (800) 630-1044 TDD: 711 Crisis: 1-800-241-4949	accesscenter@dwihn.org	https://www.dwihn.org/	DWIHN supports and serves individuals in Wayne County with serious mental illness, children with serious emotional disturbance, people with autism, individuals with intellectual and developmental disabilities and those with substance use disorder. Mobile Crisis Units available. LGBTQ+ Services for youth 10-21+. Children 14+ can have up to 12 sessions or 3 months without requiring permission from their parents, if the child requests it.
FAN - Face Addiction Now (Families Against Narcotics)	Substance Use Support, Diversion, Yoga for Recovery. Multiple locations. Groups and individual sessions.	(833) 202-4673	stronger@faceaddictionnow.org	https://faceaddictionnow.org/	Addiction treatment, Peer recovery programs, Harm reduction support, Family recovery services, life-saving tools like Narcan. ReDirect program for jail diversion, Yoga for recovery.
Jewish Family Services of Metro Detroit	Services for older adults, domestic abuse, family support, addiction, suicide prevention, counseling, community education.	(248) 592-2313	resourcecenter@jfsdetroit.org	https://www.jfsdetroit.org/	While our focus is to meet the needs of the metro Detroit Jewish community, we are honored to serve all who come through our door.
Lincoln Behavioral Services	Mental Health for Child, Adult, & Family	(313) 450-4500 (866) 462-6730 TTY: (800) 649-3777	info@lbscares.org	https://www.lbscares.org/	Child & Family Services, Infant Mental Health, The Gathering Place Clubhouse (PSR), Assertive Community Treatment(ACT), Adult and Children Services, Primary Care Center
Solid Ground Counseling	New Moms/Postpartum Support Counseling/Therapy Support Groups Mental Health Testing Addiction Anger Management	(734) 927-1201	0	https://www.solidgroundcounseling.com	Groups: Teen Support (13-17), Anxiety Support (18-25), New Moms/Postpartum Support, First Responders, Spouses of First Responders. Individual Counseling for all ages: Grief and Loss; Parenting Skills; Sexual Integrity and Abuse; Family Dynamics; Anger Management; Addictions. Testing. Low-cost or free available with Master's Level Interns for those who do not have coverage or cannot afford the regular practitioners.

Resources - Police & Emergency Responders

Company	Service	Phone Number	Email	Website	Notes
Copline - An Officer's Lifeline	Peer-Lead Crisis Hotline for Police Officers (active, previous, or retired) and their family members. Run entirely by Police Officers and their Family Members.	24/7 Hotline Calls: 1-800-COPLINE 1-800-267-5463 Non-COPLINE calls: 1-732-577-8300 Ext. 8	0	https://www.copline.org/	COPLINE® IS OPERATIONAL 24 HOURS A DAY / 7 DAYS A WEEK Calls will be answered by a Retired Active Peer Listener - All calls and emails are strictly 100% CONFIDENTIAL COPLINE® has earned the trust of the Law Enforcement community by providing active listening through a hotline by maintaining complete confidentiality as well as anonymity if the caller chooses. We train competent, confident, committed, and compassionate retired officers to engage with callers on the daily stressors officers and their family members experience.
The Wounded Blue	For wounded and disabled Law Enforcement Officers (active or retired) and their families. Crisis Line, Peer Support, Assistance, Advocacy, Community Outreach & Education	24/7 Immediate Assistance: 833-TWB-TALK (833-892-8255) TEXT "BLUE" TO 877-810-0911	info@thewoundedblue.org	https://thewoundedblue.org/	The Wounded Blue's Mission is to improve the lives of injured and disabled Law Enforcement Officers through Support, Education, Assistance and Legislative Advocacy. We can de-stigmatize mental health within the law enforcement community through Leadership, Education, Advocacy and Dedication to America's Law Enforcement Officers. Through The Wounded Blue's Peer Support Advocate Program, Community Outreach & Education, the Wounded Blue will ensure that you are NEVER FORGOTTEN and NEVER ALONE.
First Responders Bridge	FREE 3-Day Retreats for First Responders and their Significant Other. Participants provide their own transportation. (Retreats are in Ohio)	614-271-4981	0	https://firstrespondersbridge.org/	The retreats are held at hotels and conference centers across the State of Ohio. They provide great lodging, food, meeting rooms and activities that meet our needs. Keynote, peer and clinician speakers, relaxing activities for First Responders and their significant other to help them find hope and healing. Depending on the location of each particular retreat, couples can expect activities such as group yoga (voluntary), chair massages, indoor/outdoor swimming, fitness room, sauna, and many more. Our goal is to not only heal the First Responder but the family unit as well. Retreats are free of cost. The retreat, lodging, food and activities are all paid for with donations from our caring, thoughtful sponsors who value and appreciate our First Responder heroes. All you have to pay for is the transportation to get to and from the retreat.
Blue H.E.L.P.	Support for Families of First Responders who died by Suicide -	-	contact@1sthelp.org	https://bluehelp.org/	It is the mission of Blue H.E.L.P. to reduce mental health stigma through education, advocate for benefits for those suffering from post-traumatic stress, acknowledge the service and sacrifice of law enforcement officers we lost to suicide, support families after a suicide and to bring awareness to suicide and mental health issues. Family Support: A suicide loss is unique, it can be difficult for families to share their experience with others who have not suffered the same type of loss. With the loss of thousands of law enforcement officers to suicide, we can put you in touch with another family who has experienced LEO suicide and knows what you are going through. No judgement, no stigma; just compassion and understanding. Care packages which honor your loved ones are shipped to you and events customized to your needs are hosted for and by you.
NAMI Michigan Director	Mental Health Training for Police Officers	-	kfischer@namimi.org	https://namimi.org/	Kevin Fischer - Director of NAMI Michigan Provides training to Police Officers

Resources - Facility Name Changes

Former Name	New Name	New Main Website	NOTES
Ascension Brighton Center for Recovery	Henry Ford Brighton Center for Recovery	https://www.henryford.com/	
Ascension Genesys Hospital	Henry Ford Genesys Hospital	https://www.henryford.com/	
Ascension Hospitals	Henry Ford Hospitals	https://www.henryford.com/	
Ascension Macomb-Oakland Hospital, Madison Heights campus	Henry Ford Madison Heights Hospital	https://www.henryford.com/	
Ascension Macomb-Oakland Hospital, Warren campus	Henry Ford Warren Hospital	https://www.henryford.com/	
Ascension Providence Hospital, Novi campus	Henry Ford Providence Novi Hospital	https://www.henryford.com/	
Ascension Providence Hospital, Southfield campus	Henry Ford Providence Southfield Hospital	https://www.henryford.com/	
Ascension Providence Rochester Hospital	Henry Ford Rochester Hospital	https://www.henryford.com/	
Ascension River District Hospital	Henry Ford River District Hospital	https://www.henryford.com/	
Ascension St. John Hospital	Henry Ford St. John Hospital	https://www.henryford.com/	
Beaumont, Farmington Hills Hospital	Corewell Health, Farmington Hills	https://corewellhealth.org/	
Botsford Hospital	Corewell Health, Farmington Hills	https://corewellhealth.org/	multiple rebrandings
DVS - Division of Victim Services - Michigan Department of Health a	MDHHS Crime Victim Services		
Lemon Aid	Six Feet Over	https://www.sixftover.org/lemon-aid/	Not an actual change. Lemon Aid is part of Six Feet Over, and that na
Oakwood Hospital	Corewell Health Dearborn Hospital	https://corewellhealth.org/	multiple rebrandings
Providence Hospitals	Henry Ford Hospitals	https://www.henryford.com/	
St. Mary Mercy Hospital	Trinity Health Livonia Hospital	https://www.trinityhealthmichigan.org/location/trinity-health-livonia-hospital	
St. Mary's Hospital	Trinity Health Livonia Hospital	https://www.trinityhealthmichigan.org/location/trinity-health-livonia-hospital	
The Rachel Project	Project Rachel	https://hopeafterabortion.com/	Not an actual change. Just 2 different ways that people refer to the