

## MISSION

Bringing **hope, healing,** and **new beginnings** to adults and children grieving the death of a loved one.

## VISION

To see those who've come through our program create a safe, supportive community for others in grief and help change the way our culture responds to grief and loss.

## ABOUT US

New Hope Center for Grief Support was founded in 2000 by Cathy Clough, a woman who had experienced the pain of grief and the challenges of being a young widow raising three kids. As she healed, she found new beginnings in life by supporting countless others of all ages and losses through their own grief journey. Founded as a Christian-based grief support organization and guided by Cathy's faith, she molded the core values of New Hope which are **leading with love, acting with courage,** and **servicing with humility.** Since then, New Hope Center has served thousands of grieving individuals and families.

New Hope Center for Grief Support is committed to serving all members of the community with love, courage and humility. Our program is open to everyone, regardless of beliefs. Our primary purpose is to help people process their grief in a safe environment while staff and volunteers reflect these values through their actions and service.



## STORIES OF HOPE

*"I learned that there are many people that understand what I'm going through."  
- a Hopeful Child*

*"New Hope is having an impact and allowing him to just be a little boy"  
- a Hopeful Mother*

## GET INVOLVED

### VOLUNTEER

You can help provide compassionate care and peer support to grieving adults and children. Or, you can help behind the scenes through event planning, administrative support, fundraising, or outreach.

### DONATE

Consider making a one-time gift, joining our Heroes of Hope monthly donor program, or make a memorial gift in honor of your loved one.

### SPONSOR

Your business/organization can sponsor a specific program, event, or our ministry through an affinity (annual) sponsorship.

*New Hope Center for Grief Support is a 501c3 nonprofit organization and receives no state or federal funding. Our mission is funded solely by the generosity of those in our community through donations, foundation grants, sponsors, and fundraising events.*

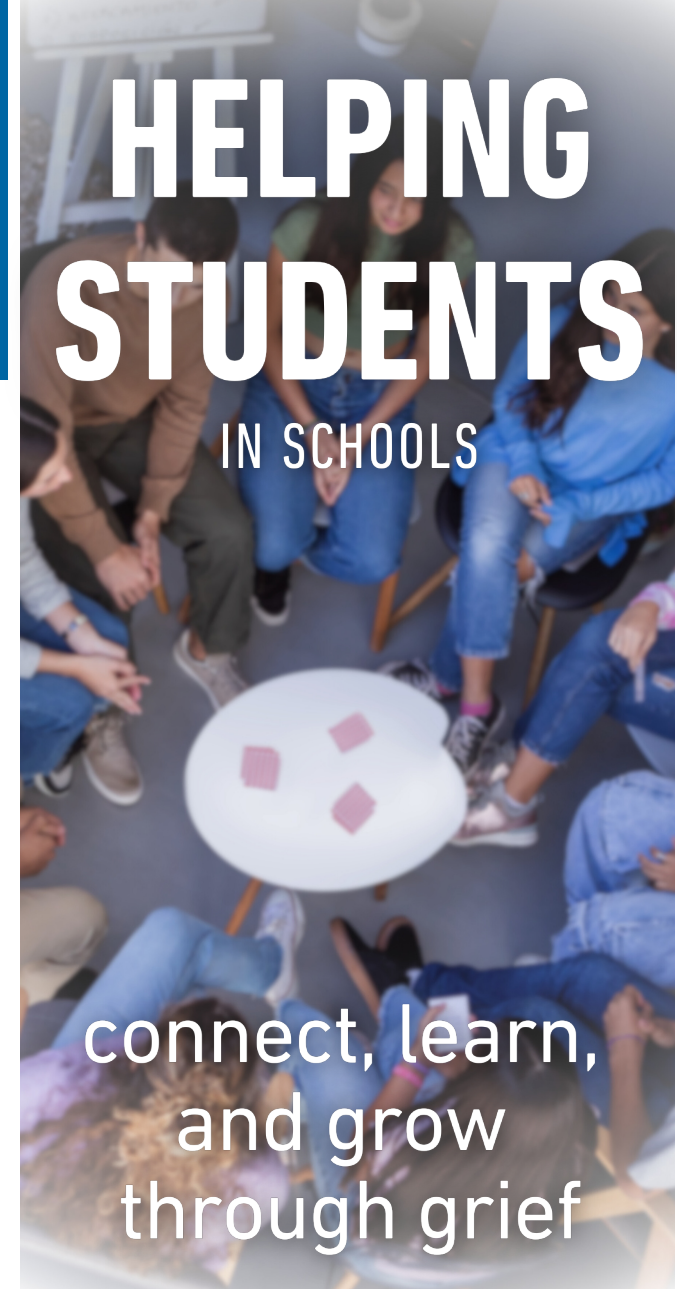
## CONTACT US

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# HELPING STUDENTS IN SCHOOLS



connect, learn,  
and grow  
through grief

**NEW HOPE**   
Center for Grief Support

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# School-Based Grief Support Programming Includes:

**CHILDHOOD BEREAVEMENT TRAINING FOR SCHOOL PROFESSIONALS:** New Hope specializes in trainings to help school professionals become more grief-sensitive and provide them with tools and techniques on how to best support bereaved students throughout their academic careers.

**FIRST STEPS ADVOCACY:** This program supports bereaved students on a one-to-one basis with a New Hope Grief Coach to help support the unique grief needs of the student. This program includes up to four one-on-one meetings with individual students to help normalize and naturalize the grief process by creating a safe space to learn and share.

**8-WEEK ON-SITE GRIEF SUPPORT GROUP FOR BEREAVED STUDENTS:** Our school-based groups are an 8-week model designed to help bereaved students connect with other students who have experienced the death of a loved one, learn about the emotions and reactions of grief, discuss healthy coping skills to help navigate the grief journey, and to help them grow through the experience of sharing their stories.

**DIRECT SUPPORT AFTER THE LOSS OF STUDENT OR STAFF:** In the rare circumstance a staff member or student dies during the term of an agreement, we will help provide and facilitate additional grief support to the school based on the needs of students, staff, and families impacted by the loss.

**ONGOING SUPPORT AND RESOURCES:** New Hope will continue to support schools by providing information on upcoming grief support programs and services to share with staff and students. In addition, New Hope will provide resources, referrals, and information to help support bereaved students, staff, and families in the district.

What students said after participating in a school-based grief support group:

"JUST TALKING HELPS."  
 "EMOTIONS ARE OKAY."  
 "I'M NOT ALONE."  
 "IT'S OKAY TO FEEL STUFF."

## 1 in 12

Children in the United States will experience the death of a parent or sibling by age 18



## 1 in 11

Children in Michigan will experience the death of a parent or sibling by age 18



## 1 in 9

Children in Wayne County will experience the death of a parent or sibling by age 18



Source: Judi's House

## Loss Affects Everyone

Grief is a universal life experience that we all share. However, the way in which we experience it is unique to each person and each relationship lost. The average class size in Michigan ranges from 25-30, meaning that 2-3 students in every classroom have or will experience the death of a parent or sibling by age 18. With 70% of school staff members feeling unprepared to support bereaved students in their schools, New Hope aims to help schools identify and track students impacted by grief and prepare and collaborate with school staff to support those students.

As a peer support organization, we understand both the pain of loss and the need for developmentally appropriate support for children and teens. This program will improve immediate outcomes for students: reduce feelings of isolation, improve academic engagement, promote the development of healthy coping skills, and provide an open space for students to share their emotions. Our mission is to collaborate with schools to support bereaved students by helping them **connect, learn, and grow through grief.**



# New Hope's Ongoing Support for Families



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Through New Hope's Circle of Hope programs, these services are available to families for ongoing support:

### FAMILY FRIDAY

Our monthly Family Friday events are a family-centered approach to grief support by investing in children, supporting parents, and strengthening the family. *Ages 4-14 with breakout group for adults.*

### KIDS CAMP

A two-day camp designed to help children connect with other children to know they are not alone in their grief. *Ages 4-14.*

### TEEN GROUP

Teen group is an 8-week session support group designed for teens that are grieving the death of a loved one.

### YOUNG ADULT GROUP

The group is for individuals ages 18-30 and geared to help them connect with others who understand. Each group is led by trained volunteers who've also experienced a loss.

### SUICIDE AND SUBSTANCE LOSS GROUPS

We offer ongoing groups for both loss due to suicide and loss due to substance use. Each group is led by trained volunteers who've also experienced a loss.

### WORKSHOPS & SEMINARS

Our bi-annual grief workshops are eight weeks and combine the educational components of a seminar with the support and safety of a peer group.



Healing Begins When Hope Is Found