25 YEARS serving those in grief

NEW HOPE Center for Grief Support

IMPACT REPORT

Beginning the Grief Journey Seminar
Winter 2025

44 Participants



27 Volunteers



"I feel a little less alone after learning about the grief journey and connecting with others who have had similar experiences."

Hopeful Participant



HEALING BEGINS WHEN HOPE IS FOUND

(248) 348-0115 | griefhelp@newhopecenter.net | www.newhopecenter.net

Participant Data

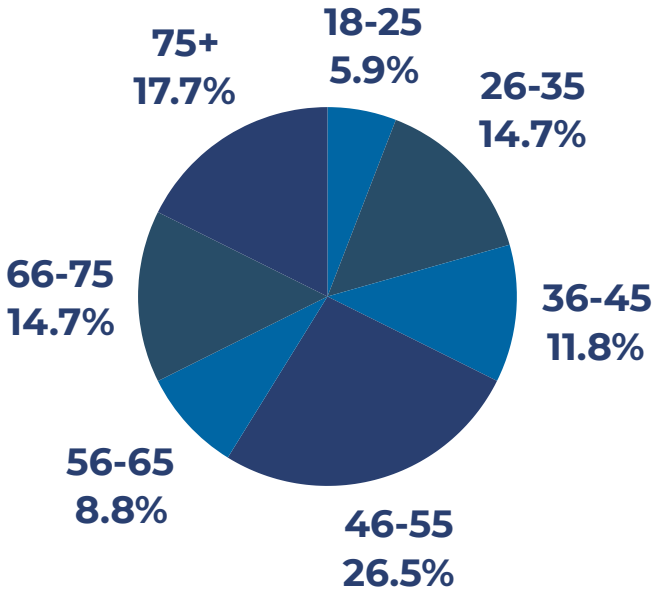
"Connecting with a group of others who lost a person that I haven't met... There is a different kind of comfort in that compared to talking with friends who are mourning my person. I need both types of connection in my grief journey."
Hopeful Participant

100% feel more **HOPEFUL** about the future

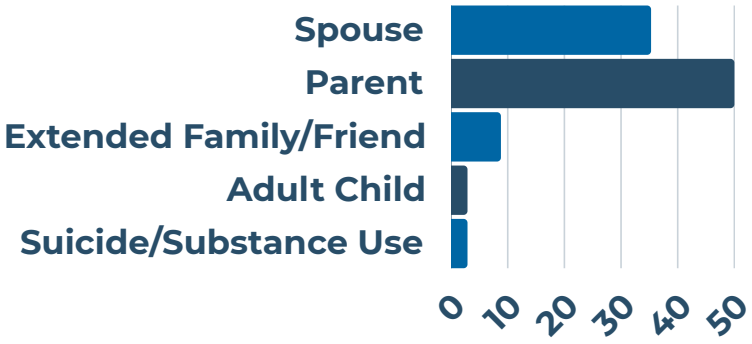
94% feel **better equipped** to cope with their feelings

68% are **new** to New Hope

Participant Age:



Type Of Loss:



TAKEAWAYS

- It is ok to ask for help
- There is no timeline for grief
- It takes strength to grieve
- Grief looks different for everyone
- I am not alone in my grief

22% **increase in participation from the previous Winter Seminar, highlighting our growing impact**

Participants joined us from **16** unique cities in Southeast Michigan

We hosted our in-person participants at Plymouth First United Methodist Church and offered a virtual option to make our program more accessible to all grievers.

Thank You

It would be impossible for us to complete our mission and support the many requests we receive daily WITHOUT the support of YOU; our Volunteers, Sponsors, Donors, and Grantors.

The ability to help the influx of grievers from further reaching communities is an incredible blessing. This is all because YOU share our passion to bring **hope, healing**, and **new beginnings** to those grieving the death of a loved one.

Thank you to Plymouth First United Methodist Church for hosting the event.

We sincerely thank you!
The New Hope Team & Board of Directors

PLYMOUTH FIRST
UNITED METHODIST CHURCH