

# ANNUAL REPORT

# 20 22



NEW HOPE  
Center for Grief Support



"Blessed are those who mourn, for they shall be comforted."  
Matthew 5:4

HEALING BEGINS WHEN HOPE IS FOUND

# LETTER FROM THE BOARD PRESIDENT

Over the past 17 years New Hope has been a big part of my life! Many lessons have been learned. Most significantly, while cliché, "one's attitude determines one's altitude."

For me the Apostle Paul embodies this lesson with his lifestyle and wisdom found in Ephesians 5:20, "giving thanks to God the Father for everything."

None of this would be possible without the tremendous support we receive from our talented staff, board members, facilitators, speakers and our small army of volunteers.

It is with this sense of gratitude that we present the 2022 Annual Report of success for your review.

**Respectfully,**



**Ed Doody, Board President**



Hope

## ABOUT US

New Hope Center for Grief Support is a 501c3 charitable organization that was founded in 2000 by Cathy Clough, a woman who experienced the pain of grief and the challenges of being a young widow raising three children. As she healed, she found new beginnings in life by supporting others through their own grief journey. Founded as a Christian-based grief support organization and guided by Cathy's faith, she molded the core values of New Hope which are leading with love, acting with courage, and serving with humility. Since then New Hope Center for Grief Support has served thousands of grieving individuals and families.



# LETTER FROM THE EXECUTIVE DIRECTOR



It is an honor to serve New Hope Center for Grief Support. As many of you know, work fills a large part of your life, and the only way to be truly satisfied is to do what you believe is great work. And the only way to do great work is to love what you do. And I do. New Hope and the incredible army of volunteers that serve and care for those in grief have a magic touch that truly models that "healing begins when hope is found". The work done at New Hope Center for Grief Support is so important because every loss is unique and can be incredibly isolating. With loving care, New Hope helps griever's better understand the emotions and reactions associated with grief, how to best handle them, learn healthy coping skills, and how to navigate the grief journey.

2022 was a truly impactful year. We experienced a 172% increase in First Steps program participants compared to 2021, our largest workshop with 184 participant completions, a 47% increase in the Circles of Hope program participation, a 70% increase in Kid's Camp registration, added a School-Based Grief Support Program, and so much more. With the increased requests, New Hope has been hard at work streamlining processes, implementing policies, and growing our team to support these increased and unique needs of all griever's.

Watching the incredible transformations after loss take place in children, teens, adults, and families is so incredibly powerful and reminds our team why we truly love our work and believe wholeheartedly in the vision and mission of New Hope Center for Grief Support. Thank you to our incredible volunteers who shine a light for those in darkness and the generosity of all our stakeholders who help serve the mission of bringing hope, healing, and new beginnings to children, teens, adults, and families impacted by the death of a loved one.

We are so blessed!

Kindly,

A handwritten signature in blue ink, appearing to read 'Jennifer Frush'.

**Jennifer Frush**  
**Executive Director**

## MISSION

Bringing hope, healing, and new beginnings to adults and children grieving the death of a loved one.

## VISION

To see those who've come through our program create a safe, supportive community for others in grief and help change the way our culture responds to grief and loss.



# Circles of Hope



Photo Left:  
November  
Family  
Friday

provides a family-centered approach to grief support by investing in children, supporting parents/caregivers, and strengthening the family. New Hope provides several programs under the Circles of Hope Program to help support, educate, and heal families in grief.

## Family Fridays

Throughout the year, we offer this monthly family-based program. Dinner is provided, along with break-out sessions, discussions, and activities to provide tools to help navigate the grief journey. We offer a unique theme and activity each month.

### 2022 Program Highlights:

- In honor of Children's Grief Awareness Day, New Hope hosted "The Wave of Grief", Art Exhibit.
- In December children were able to make special gifts for surviving loved ones.
- Hosted our first Day-to-Play to connect grieving children on school days off.

The themes this year were Grief is Puzzling, Movie Night: Inside Out, The Invisible String, Getting on Target with Your Emotions, Grow Through What You Go Through, Birds Sing Even After a Storm, Learn to Lean into Your Bubble for Support, Art Studio, and Santa's Workshop.

"The last year we have attended almost every Family Friday, and everyone is so kind, understanding and nonjudgmental of me and my kids. We feel at home."

Photo Right:  
Day-To-  
Play:  
Stemville



Photo Left:  
June  
Family  
Friday



Photo Right:  
Day-To-  
Play:  
Stemville



## FAMILY FRIDAY Impact Snapshot

**47%**  
**417**

Increase in  
participation from 2021

Participants attended

**72**

Families served

**182**

Volunteers provided  
support



## Annual Kid's Camp

is designed to help children connect with other children to know they are not alone in their grief and learn about the reactions and emotions associated with grief, learn healthy coping skills, and ways to grow through the grief journey by sharing their stories.

### 2022 Program Highlights:

- 27 repeat campers and 48 first-time campers to New Hope.
- 128 volunteers helped make camp possible.

"I really liked being at camp and being with others like me."

"I especially noticed a change in my 9-year-old son coming out of camp wanting to talk about his dad and share his feelings."

### List of Activities:

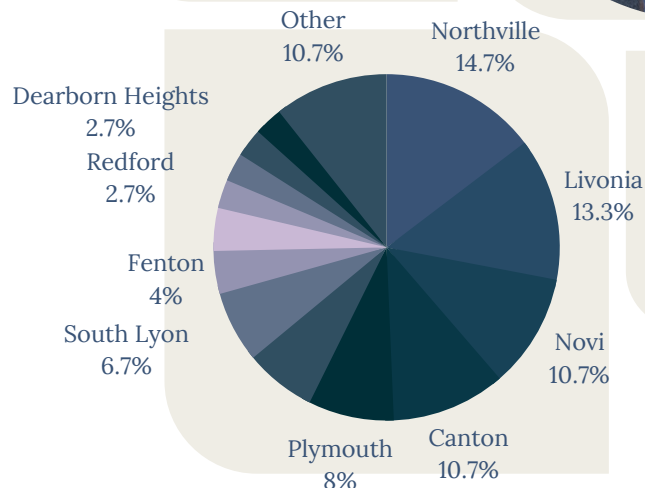
- Equestrian Therapy
- Yoga
- Grief Trail Mix
- Farm Tour/Visting Animals Impacted by loss
- Scavenger Hunt
- Nature Walk
- Carrying Your Burdens
- Who's in Your Flock
- Bird Feeders

What  
parents &  
kids had to  
say about  
camp



"You are not  
alone,  
animals  
grieve too.  
We've all lost  
someone...  
there is help."

It was our first  
year and the  
kids absolutely  
loved it.



## KID'S CAMP Impact Snapshot

108  
70%

Campers

Increase in camp  
registration from 2021

68  
13

Families served

Police officers participated  
as camp counselors



# Circles of Hope

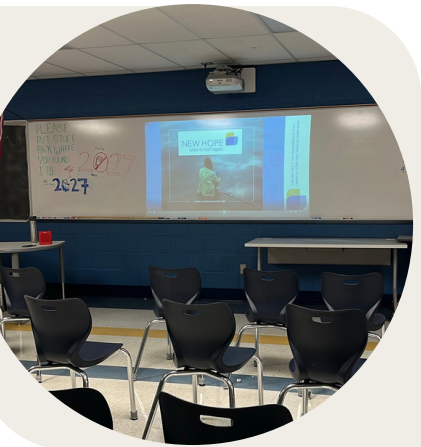
"This is beyond anything I could have imagined. Thank you."  
-Teen Group Participant

## Teen Group

Teen group is a 6-week support group designed for teens that are grieving the death of a loved one. This program helps teens better understand their grief, provides a safe space for them to communicate their thoughts and feelings, and provides them with healthy coping skills, and the tools they will need to help them navigate their grief journey.

During the three Teen Groups offered in 2022 we had 69 teens attend group. Teens were given the option to attend in-person or virtual for a hybrid format.

What students had to say



"It's an amazing place to find hope."  
"It is a stress reliever from school and a great way to start the day."

## School-Based Grief Support

This program helps support children by providing grief sensitivity training and resources to staff which can be used to help support grieving students in the classroom. Identified bereaved students are invited to participate in an 8-week session support group designed for students that are grieving the death of a loved one. This program helps students better understand their grief, provides a safe space for them to communicate their thoughts, feelings, and provides them with healthy coping skills, and the tools they need to help them navigate their grief journey.

In 2022, New Hope provided grief-sensitive training, in-school grief groups and support after loss in Plymouth/Canton and Northville Schools.

"It was our first year and the kids absolutely loved it."



**SCHOOL-BASED  
GRIEF GROUPS  
Impact Snapshot**

**20**  
**70**

Number of times New Hope responded to additional requests for grief support services through the schools

Number of students New Hope provided grief support to in the Plymouth/Canton and Northville Schools



# Finding Your Superpowers Seminar

This interactive family event is designed to help families learn how to respond to grief and loss through the stories of our favorite superheroes.

In attendance were:

- 23 Children
- 17 Adults
- 12 Volunteers
- 4 Police Officers from the City and Township of Northville
- Northville Mayor Brian Turnbull
- Batman
- Spiderman
- The Batmobile

We learned that even in our grief we have special **superpowers**.



**Strength** - like Captain Marvel  
**Courage** - like Black Panther

DID YOU KNOW? The "S" on Superman's chest is actually the kryptonian symbol for "HOPE."

Words of HOPE:

"The Superpowers Seminar was an empowering and engaging event. The speaker led with empathy and reaffirmed positive statements that my children repeatedly heard, understood, and connected with and believe about themselves. I also like how the speaker noted that our loss didn't make us strong, but it made us realize just how strong we already were and will continue to be for ourselves, our future, and our loved one that we lost. I am so thankful that I have a new community in New Hope. I am so proud to be on this team and to have a supportive community for my children to connect to and grow with. Loss is a part of life and New Hope has helped me see the positive growth that can come from healing together. Thank you for all that you do to help me and my children." -Kimberly McKinnon

**Resilience** - like The Flash  
**Compassion** - like Spiderman



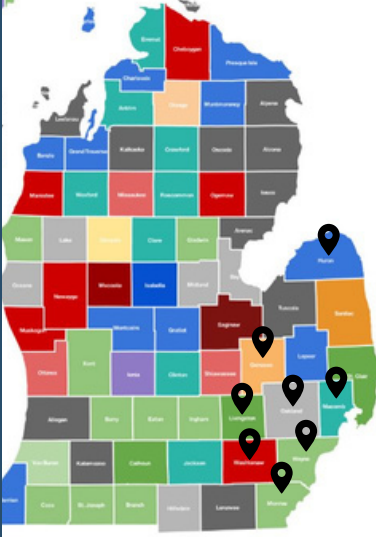
"Fear won't stop me."

## FINDING YOUR SUPERPOWERS Impact Snapshot

# 34%

Increase in participation from 2021

# Programming



We supported  
grievers from  
the following  
Counties -  
Huron  
Genesee  
Livingston  
Oakland  
Macomb  
Washtenaw  
Wayne

Even reached a  
participant from  
Collier County, Florida

## First Steps Statistics

The First Steps program provides those who have experienced the death of a loved one a safe place to share their story, understand more about grief, and learn about the grief support programs and resources that New Hope offers. This one-time scheduled meeting provides an opportunity to connect with one of our facilitators that is close in age and has experienced a similar type of loss.

### Impact Snapshot

- Staff and Peer Support Facilitators provided support to 25 family units.
- Support provided to those with a loss due to suicide or substance use saw a dramatic increase from 2021.

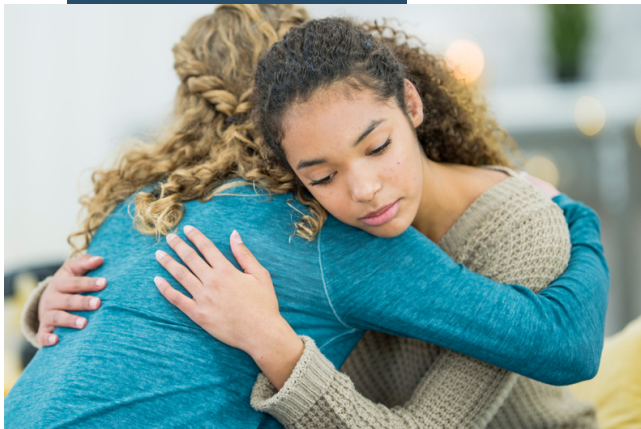
My facilitator helped me understand the importance of being patient with myself while on my grief journey.

## Next Steps

Navigating through grief after the death of a loved one is incredibly difficult, but you don't have to go through the process alone. New Hope offers 23 loss specific grief support groups to support all griever. Through a peer lead forum people can share their experiences with others who have gone through similar loss.

### Impact Snapshot

- 267 total meetings in 2022.
- 3061 program participation recorded in 2022.
- 40% increase in program participation compared to 2021.



**FIRST STEPS**  
**Impact**  
**Snapshot**

**50%**

Of First Steps griever who sought support from additional program offerings

**172%**

Increase in participants from 2021 to 2022



## Beginning the Grief Journey Seminar

This Seminar provides an understanding of the basics of the grief journey and is a great first step for those grieving the loss of a loved one. It covers a variety of topics to help participants understand their grief and gives practical tools to help navigate the challenges they face after loss.

- 100% of the participants at the August seminar left better understanding their grief.

## Hope for the Holidays Seminar

Grief is hard, and special days and holidays seem to make it harder. Our hope is to help griever answer the question, "What can I do to navigate the upcoming holiday season or special days?" Participants can expect to leave this seminar with practical tools and stories from those who have experienced loss and found Hope for the Holidays.

- 100% of participants felt less anxious about the holidays after attending our Hope for the Holidays seminar

## Memorial Candlelight Ceremony

Holidays and special days can be difficult after a loved one dies, even years later. Participants light a candle in memory of their loved ones. This light represents their grief, courage, memories, love, and hope for the future. This special ceremony is designed especially to honor participants' loved ones.

- 167 participants attended the Memorial Candlelight Ceremony



## SEMINARS Impact Snapshot

665

People were served at  
New Hope's Workshops  
and Seminars

93%

Of participants were  
able to better  
understand their grief

HEALING BEGINS  
WHEN HOPE IS FOUND.

# Programming



## "From Grief to New Hope" 8-Week Workshop

combines the educational components of a seminar with the safety and support of a peer group. This workshop is available in-person and virtually to adults who are grieving the death of a loved one regardless of how long it has been since the loss occurred. This workshop is a safe place to express your grief and begin the healing process. Each session includes a speaker presentation followed by small group discussion time. These small groups are guided by facilitators who also experienced a similar loss and have traveled their own grief journey.

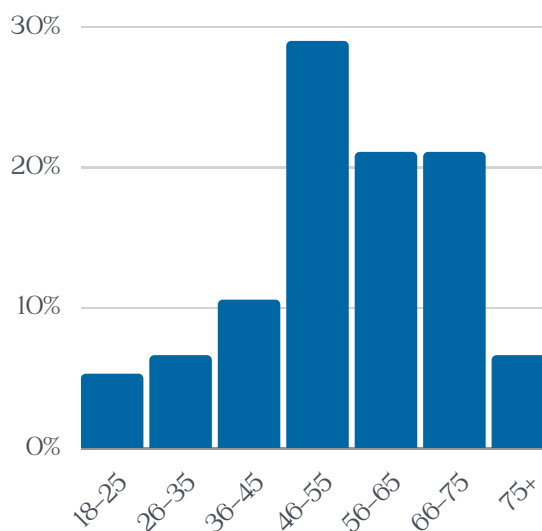


Answer this - What is One Thing I Loved...

"I always looked forward each week to connecting with others experiencing the same type of loss."

"That our facilitators had been in our shoes."

## PARTICIPANT AGE:



## WORKSHOP Impact Snapshot

95%

Participants who would recommend this workshop to a friend or colleague

357

Total number of people who attended the Spring and Fall workshops in 2022



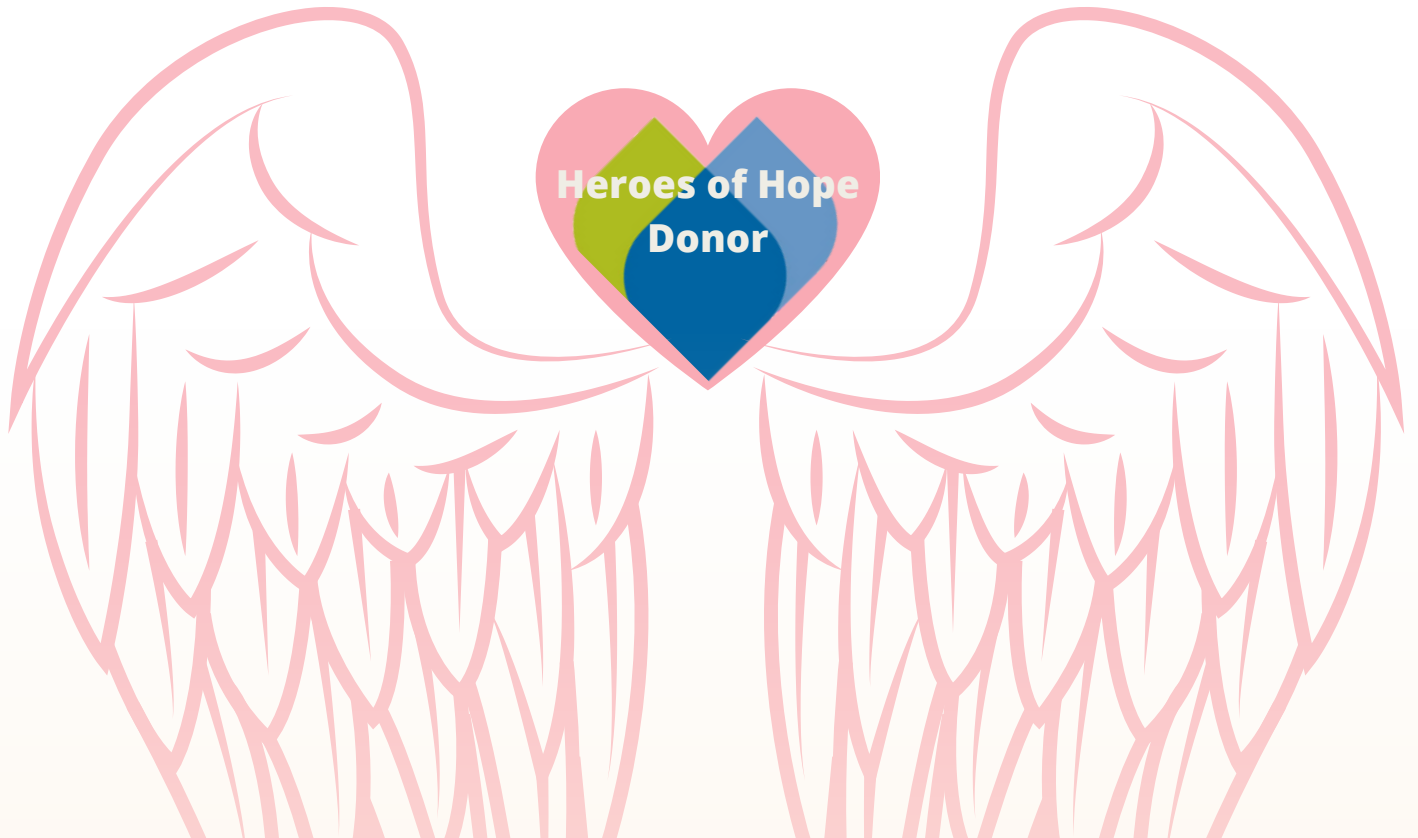
# *in loving memory*

Tiffany Albu Kirby, Richard L. Allor, Ali Almanfi, Richard J. Armstrong, Larry Babcock, Fred Belcher, Judith Rose Bernardi, Bertha, Steve Bigger, Richard Berrill, Jill Bissett, Bob, Sharon Bogen, Boodie, Nathan Boothby, Jim Bortak, Joel Boutin, Josh Boutin, David Bronze, Linda Marie Brown, Ken Buchanan, Glenn Burke, Garret Brian Carpenter, Salvatore Cipollini, Art Clough, Joan Cone, Kristy Conniff, Dave, Russ Cooley, Diane Rose Cooper, Susan Copeland, Bob Damesworth, Gerry Davis, Helen Davis, W. Sue Davis, Sharon Daybird, Debbie, David Deering, Noel Dehne, Dennis, Bryce Dixon, Martin Dolley, Eric Domanico, Hannah Doody, Steve Dore, Steven Paul Dore, Ellen, Helen Marie Evans, Tim Evans, Riley, Jayson Feigner, Susan Franklin, Georgene, Barb Gilbert, Kevin Gilchrist, Dale Gillespie, Ella Jane Gillim, Linda Gorman, Steven J. Gorick, Jim Gresehover, Cheryl Grimm, Justin Griesemer, David C. Guastella, Arlene G. Guevara, John Hamilton, Glenn L. Hardy Sr., David Henry, Becky Hilger, Shields Hodges, John D. Holmstrom, Karon Sue Hopkins, Daniel H. Hopkins II, Geoff Hopwood, Michael Joseph Jankowski, Adam Janssen, Pamela Jinnett, John, Phyllis Kalisz, Linda Kartes, Gus Kaselemis, Siobhan Kava, Anthony Kim, John Kilsdonk, Charlene Kim, Jeannie Kincaide, Lari Korpela, Noreen Krause, Elizabeth Anne Kucharczyk, Kelly Laske, Linda, Bill Lewandowski, Tony Lewandowski, William Lewandowski, Linda, Donald McKinley, Mark, George Marks, Meg Maryanski, Mike, Janet McDonald, Donny McKinnon, Ron McLaurine, Walter Melonio, Kayla Merath, Joanne Moore, Frederick J. Mount, Jack Mulhall, Nancy, Jessica M. Napolitano, Kenneth Nash, Paul Nuznov, Gerald Nyland, Jerry Nyland, David Ohngren, David Oppele, Gregory Ozminkowski, Bobby Parmar, Joseph Pembroke, Dave Peterson, Sal Petras, Janet L. Piestrak, Aaron Prilliwitz, John Ravida, Kathryn Riggan, Robert, Henry Rotenheber, Stephanie Ann Runkle, Diane Ryeso, Sandy, Jeanne Sava, Joseph Sellinger, Gary Serb, Stephanie Seyfarth, Lucas Silvasi, Dave Smith, Sandra Soedarjatno, Cheryl Spence, Conrad Stauch, Gregory Stawara, Benjamin Lewis Stenrose, Lisa Stephenson, Jimmy Stevens, Wally Sulak, Pamela Sweeney, Frank Swierlik, Nicola Taylor, Denis H. Thiede, James Truskin, Tom Trzcinski, Jim Turner, Randy Tyler, Kelley Valentine, Colton Waegner, Kurt Waggner, Pam Waggner, Martin Walso Tingstad, Matthew Wansor, Heidi A. Waxman, Jordan Wells, Edward Wiktor, Douglas Richard Wiley, Janet Wilkinson, Bret Michael Winkler, Geoffrey Young, James Yuha, Erika Zurawski and many more...

**Thank you**  
to all our donors.

# Heroes of Hope Donors are our Angels

The loss of a loved one eventually touches us all. From husbands, wives, parents, and children to grandparents, siblings, and friends – loss affects everyone. Whether you have known grief personally, or know others in need of support, consider partnering with New Hope. Thank you to our Heroes of Hope, for their monthly contribution to New Hope Center for Grief Support which offers stability to our programs and resources to our grievers. It is with their ongoing support that we are able to bring Hope, Healing and New Beginnings to so many in grief.



Michael and Alice Albu, Sylvia Arakelian, John and Betty Baird, Paul and Janeen Baird, Joy Berent, Margie Brace, Kevin and Julie Brown, Kevin and Tracey Bullock, Barbara Bushey, Jon Carlson, Carol Carr, Paul and Cathy Clough, John and Goldie Dawson, Paul and Karla Declue, Mark Deering, Ed and Christine Doody, Jim Eldridge, Brenda Florence, Robert and Jennifer Frush, Martha and Stan Gilchrist, Marian Henry, Karin Hillbom-Kaselemis, Nicholas Hopwood, Dan Hordov, Theresa Howe, Tom and Ann Krause, Darlene Law, Pamela Lemm, Maryellen Lewandowski, Chris and Pat Lowes, Donna Martin, Brian and Debbie Mayer, Donna Melonio, Pat Mullett, Michele Peter, Jim and Emily Pilat, Christopher and Shilah Rasak, Mary Reschke, Kristin Ryeson, Jill Rykalsky, Cathie Salach, Beth Santer, J. Robert Schaden, Susan Serb, Miriam Shumaker, Pauline Smart, Bambang Soedarjatno, John Spence, Rod and Cindy Stalker, Nancy Stoner, Betty Sulak, Lynn Valade, Don and Elizabeth Voyles, Alan Walthall, Edward Weidenbach, Charles Wilkinson

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## HEROES OF HOPE Impact Snapshot

**57**

Number of Heroes of  
Hope Donors

**13**

Increase in number of  
Donors from 2021 to  
2022

**\$22,382.35**

Total Heroes of Hope 2022  
donations



# Volunteers

New Hope would not be able to provide the support and services for those bereaved if it weren't for the army of volunteers that serve the mission of bringing hope, healing, and new beginnings to children, teens, adults, and families impacted by the loss of a loved one. From running ongoing loss-specific groups to answering phone calls, we are blessed by over 200 volunteers actively serving. Many of the volunteers have experienced their own personal loss, benefited from New Hope's programs and services, and as they begin their healing, felt called upon to comfort new griever on their journey. Taking their pain to a purpose to help others now grieving is a true testament to "healing is possible when hope is found." Our volunteers are just that - HOPE!



"I have told so many people who lost a loved one about New Hope." – Karen Harrison

## What volunteers had to say about kid's camp:

"I enjoyed every minute of the camp, and it remains very special to me. Children enjoy being with other children, and in the capacity of grief, what a wonderful way for them to understand that they are not alone, and the difficult process of grief is a natural response and part of life experience."

"Families are dealing with very sad and sometimes tragic losses. The number of attendees was eye opening. I also learned that there are wonderful ways for children to process memories and emotions, as well as become educated in the grief process by doing activities, which the children found fun and exciting."



**VOLUNTEER  
Impact Snapshot**

**200**

People who volunteered in New Hope programs in some capacity

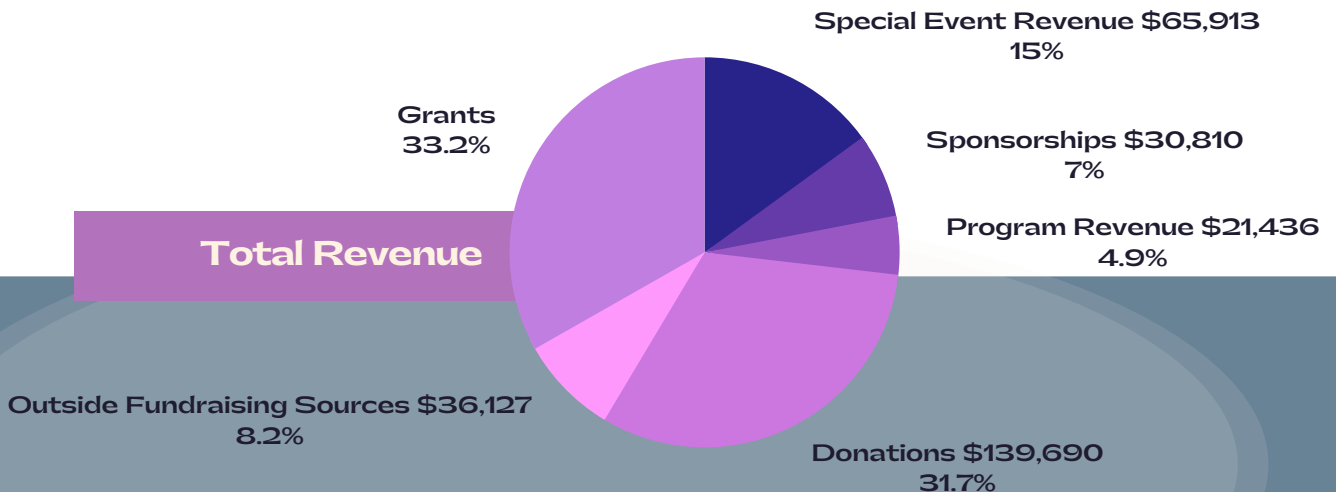
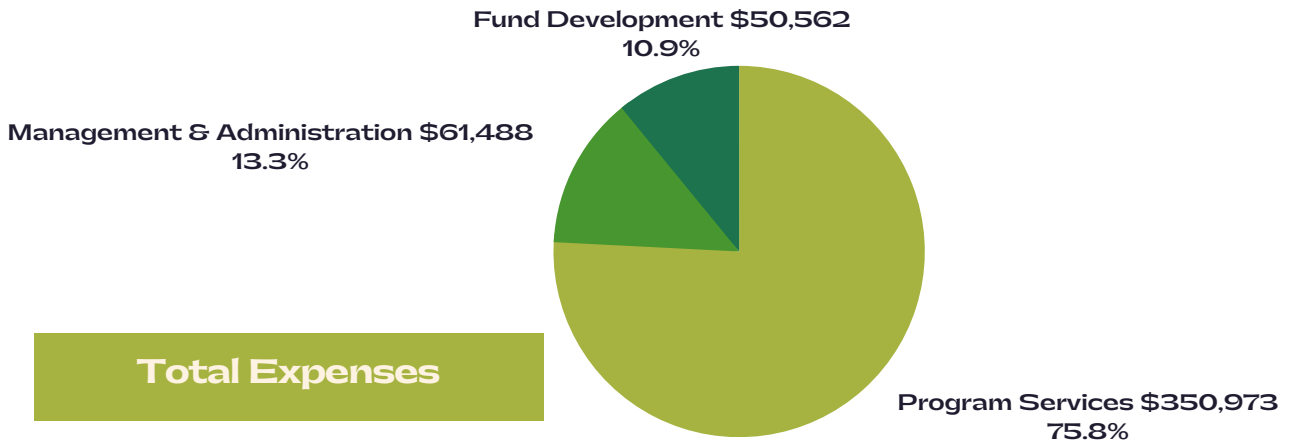


Beaumont



# Thank you to Our Sponsors, Grantors, and Donors

New Hope never wants finances to be a barrier for those needing support. Due to the generosity of donors, sponsors, and grantors the support offered through New Hope is free of charge and we welcome all impacted by the death of a loved one. We are incredibly blessed with the generous supporters that believe in hope and healing after loss. We thank our donors, sponsors, and grantors for hearing our call to action, bringing financial blessings and bestowing them upon New Hope Center for Grief Support throughout 2022. Your gift of hope has helped thousands of individuals and will help change the way our society responds to grief and loss.



**Terry Marks  
Jan Willbur  
Alan Walthall**





# Outreach – Community

New Hope is proud to partner with our community and provide wrap-around support.

- Plymouth-Canton Community Schools Mental Health and Wellness Fair
- Livonia Save the Youth Coalition– Run 2 Save Our Youth
- Northville 4th of July Parade
- 5K Steps Against Suicide
- FAN EVENTS
- Storytime Tour
- Ward Church Outreach
- Plymouth Fall Fest
- Holy Cross Lutheran Outreach
- Chambers Outreach
- Children's Grief Awareness Art Exhibit
- Walk of Trees at Kellogg Park
- Northville Victorian Heritage Parade
- Northville District Library Community Volunteer Fair
- "Out of the Darkness Walk" at Hudson Mills Metropark
- "Everybody vs. Stigma" at Northville High School
- Northville Senior Fest Fundraising Outreach
- Western Wayne County Mental Health Conference at Schoolcraft College
- Angel Memorial Service by RG & GR Harris Funeral Home



## OUTREACH Impact Snapshot

# 3,043

Number of people we were able to connect and share New Hope program information with

We couldn't have  
done it without your  
generous *support.*

Presbyterian  
Villages of  
Michigan



DR. KRISTY KC FOUNDATION



Casterline  
Funeral Home





# HEROES OF HOPE

HEALING BEGINS WHEN HOPE IS FOUND,  
AND EVERY GIFT MAKES A DIFFERENCE.

NEW HOPE  
Center for Grief Support



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